

PLANNING FOR CLIMATE CHANGE AND RAPID URBANISATION

# CONTINUING PROFESSIONAL DEVELOPMENT, LECTURE SERIES FOR PROFESSIONALS

**Thank you for joining!**

**This lecture will begin shortly, at 11:00am UTC, 12:00noon BST**



Image credit:  
Morley von Sternberg for Allies and Morrison



# Lecture Series

## Overview of the seven lectures forming part of this series:

- 1. Introduction to the UN 2030 Sustainable Development Goals**, Mina Hasman, SOM  
Provides an overview of the UN 2030 SDGs together with other related international agreements, and describes the importance of the Goals for Built Environment Professionals.
- 2. Planning for Rapid Urbanisation**, Ben Bolgar, The Prince's Foundation  
Outlines a framework for use in secondary cities which are experiencing rapid growth but which may have little or no access to professional planning expertise.
- 3. Planned City Extensions**, Alfredo Caraballo, Allies and Morrison  
Provides a reminder of key master-planning and urban design principles such as: site analysis, micro-climate design, density, mixed use, walkability etc.
- 4. Resilient Infrastructure**, Ian Carradice, Arup  
Explains the context, relevance and drivers to develop resilient infrastructure by adopting an integrated design approach and considering planetary solutions to address climate related challenges.
- 5. Climate Responsive Design**, Peter Clegg, Isabel Sandeman and Rachel Sayers from FCB Studios, and Rafiq Azzam, Shatotto  
Part one is focused on 'A Manifesto for delivering Climate Responsive Design', and Part Two, entitled 'Collaborating for Sustainable Development', provides a case study of how the principles of Climate responsive design have been used on a project in Bangladesh to create an inspiring and comfortable educational environment for the Aga Khan Academies Unit.
- 6. Heritage-led Regeneration**, Geoff Rich, Feilden Clegg Bradley Studios  
Describes the value of heritage led regeneration in terms of the reuse of existing buildings, and the potential to generate social and economic development.
- 7. Sustainable Outcomes Guide**, Gary Clark, HOK London Studio  
Provides a practical explanation of the outcomes that need to be delivered if we are to achieve development which is sustainable. Includes meaningful, measurable targets and associated metrics.

# Resilient infrastructure: *from theory to practice*

*Ian Carradice*

*Director / Infrastructure London Group*

*Civil Engineering London*

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# Contents

ARUP

1. Introduction and context
2. International Guidance and Agreements
3. Definitions
4. Risks and existing resilience assessments
5. Designing for sustainability and resilience
6. Irfan as a city-scale example



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# Introduction and context

## Challenges

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Global exposure to disasters has risen over recent decades as a result of climate change, population growth, urbanisation, globalisation, poor land management and pollution.

Across the world, governments, businesses and scientists agree that the world is approaching a **developmental tipping point** and **radical change** is required over the next decade.

Most of our major infrastructure challenges relate to inadequate and/or unsustainable:

- |   |              |   |                 |
|---|--------------|---|-----------------|
| 1 | LAND USE     | 6 | HEATING         |
| 2 | BEHAVIOURS   | 7 | LOST NATURE     |
| 3 | CONSUMPTION  | 8 | HARD SURFACING  |
| 4 | CONSTRUCTION | 9 | SYSTEM CAPACITY |
| 5 | DISTRIBUTION |   |                 |





# Introduction and context

## *Hazards*

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Natural and man-made hazards include:

- **Geo-hazards (terrestrial):** Earthquakes, volcanic eruptions, landslides, flooding, erosion, subsidence and collapse, (e.g. mining, groundwater abstraction);
- **Geo-hazards (maritime/water):** Tsunamis, tidal surges, rising sea-levels, coastal erosion, groundwater rise
- **Man-made hazards:** Waste and ground contamination, groundwater pollution, pesticides, nitrates / phosphates from over-use of fertilisers, noise, air-quality;
- **Climatic hazards:** Drought, warming, increased intensity and variable rainfall, storms (hurricanes, typhoons, cyclones), dust-storms (e.g. harmattan), lightning (and bush-fires), land-degradation (e.g. deforestation), desertification
- **Bio-hazards:** Insects (e.g. locust swarm in East Africa), algal blooms, invasive species, disease (e.g. Covid-19)
- **Conflict:** war, terrorism, mass migration, and cyber threats





# Introduction and context

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## *Increasing urgency*

- Increasingly complex and interdependent infrastructure systems
- Growing demands of population growth and accelerating urbanisation
- Fragmented governance and a lack of investment
- Uncertain future
- An urgent shift is needed

# 4:1

FOR EVERY US\$1 INVESTED IN INFRASTRUCTURE ADAPTATION, A FOUR-FOLD RETURN IS ESTIMATED



Source: The Resilience Shift, 2019



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# International Guidance and Agreements

## *Planetary boundaries: A safe operating space for humanity*

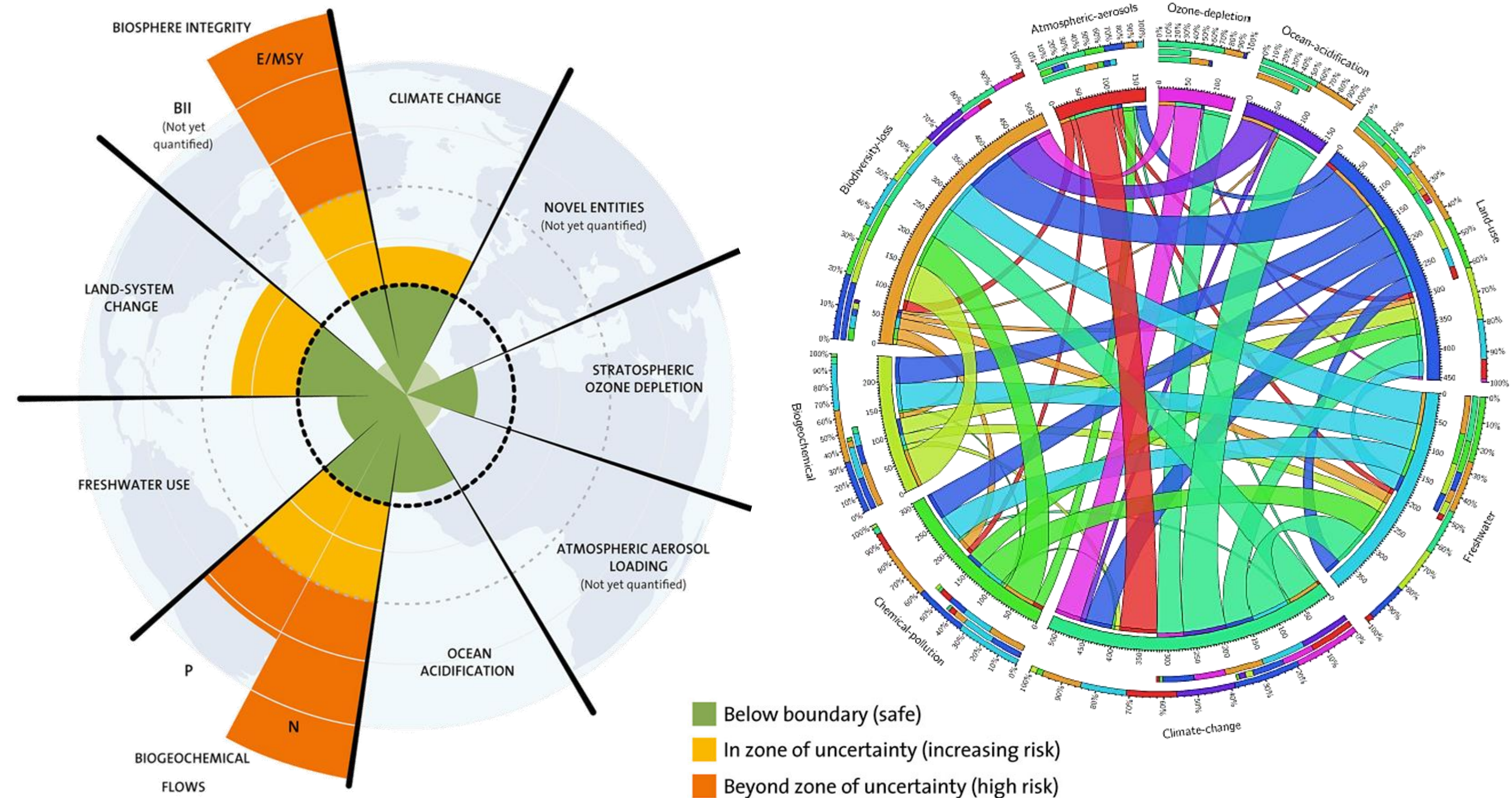
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The authors (Stockholm Resilience Centre) identified a set of nine planetary boundaries within which humanity can continue to develop and thrive for generations to come.

**Four** of them have already past the safe boundary to keep our planet hospitable to human life:

- Loss of biosphere integrity (biodiversity loss and extinctions);
- Biochemical flows to biosphere and oceans (nitrogen and phosphorus);
- Land use system change; and
- Climate change.





# International Guidance and Agreements

## *UN Sustainable Development Goals (SDGs)*

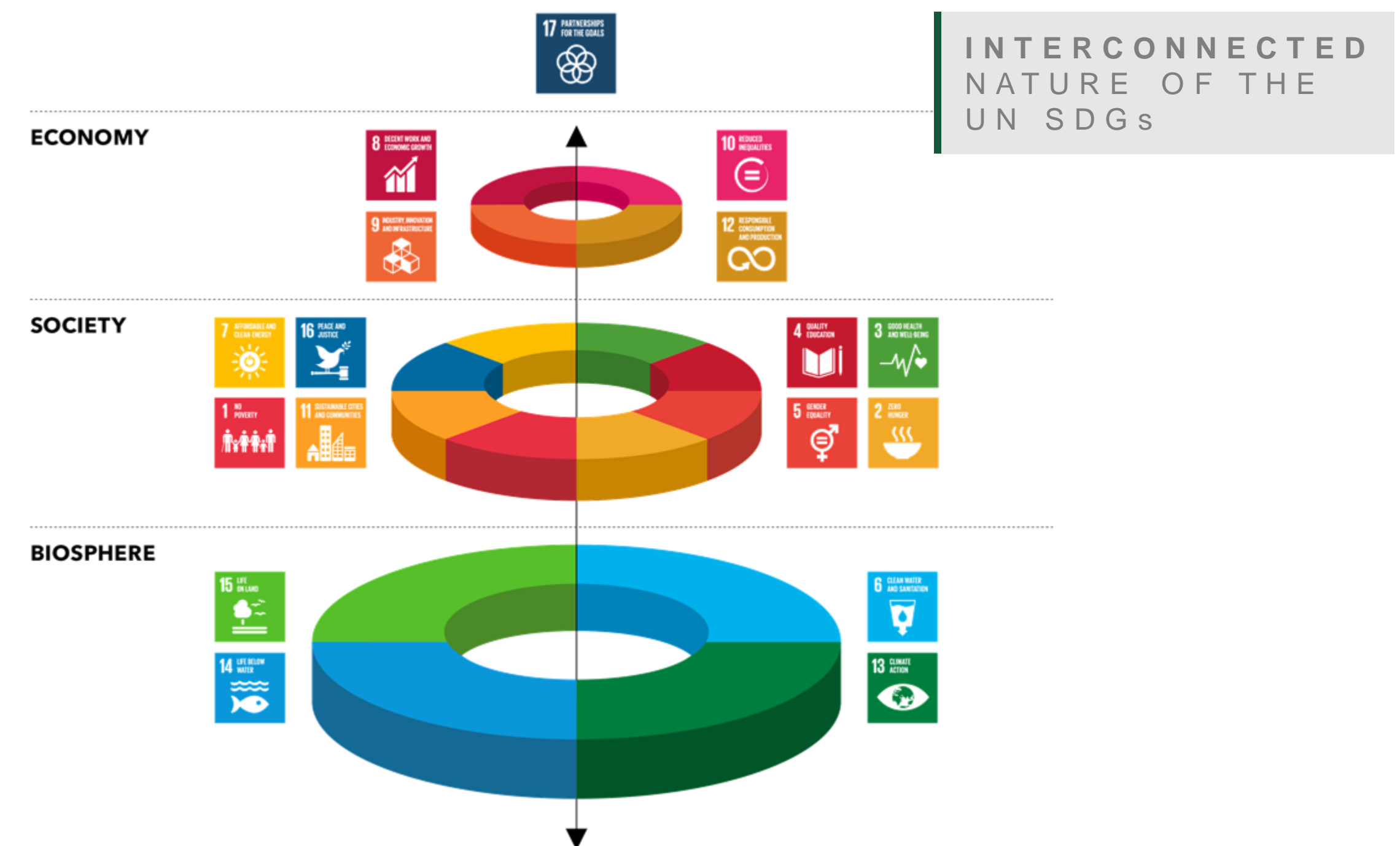
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The UN SDGs are a **global response** to interconnected global challenges. The 17 goals and 169 targets provide a shared vision of what a better world looks like by 2030. Five million people from different countries, cultures and backgrounds contributed to their creation, and on 25 September 2015 they were adopted by the 193 countries of the UN General Assembly.



 SDG 9 establishes specific targets related to resilient infrastructure





# International Guidance and Agreements

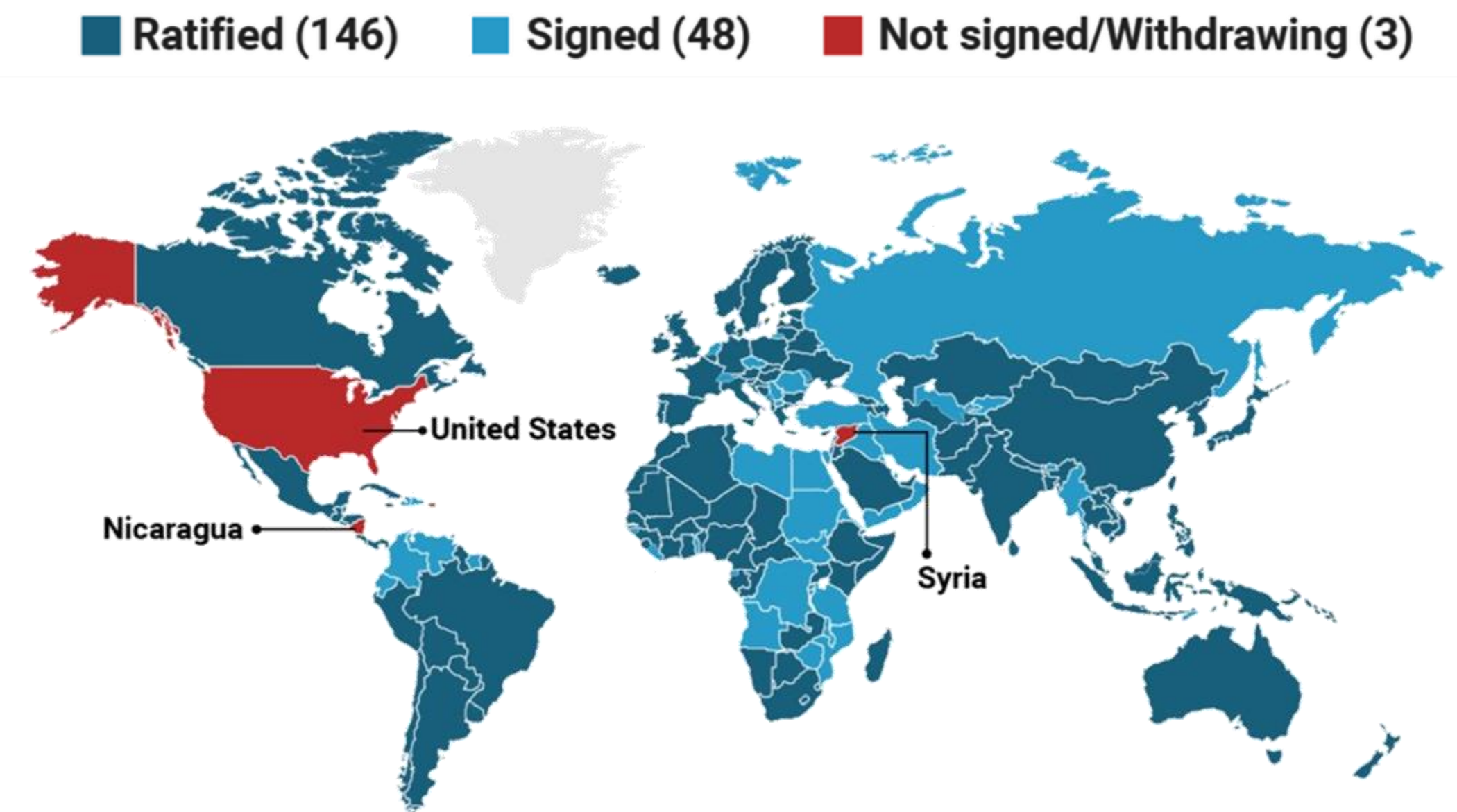
## *COP 21 and the Paris Agreement*

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The agreement commits each nation to setting targets to reduce their carbon emissions in order to keep global average temperature increase ‘**well below 2°C above per-industrial levels**’. All signatories have committed to ‘pursue efforts to limit temperature rise to **1.5°C**’ in the 21st century.

The agreement aims the increase each country’s ability to adapt to and foster resilience and encourage financial flows towards lowering greenhouse gas (GHG) emissions and climate resilient development.



As part of the response to climate change agreements, **77 countries** and **100 cities** committed to **net zero carbon** emissions by **2050** at a one day summit in September 2019



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# Definitions

## *Sustainable development (Brundtland Report)*

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“

Sustainable development is development that meets the needs of the present without compromising the ability of future generations to meet their own needs.

”

Source: United Nations Brundtland Commission, 1987

**Needs:** In particular the essential needs of the world's poor, to which overriding priority should be given.

**Ability:** Limitations imposed by the state of technology and social organization on the environment's ability to meet present and future needs.



# Definitions

## *The UN definition of Resilience*

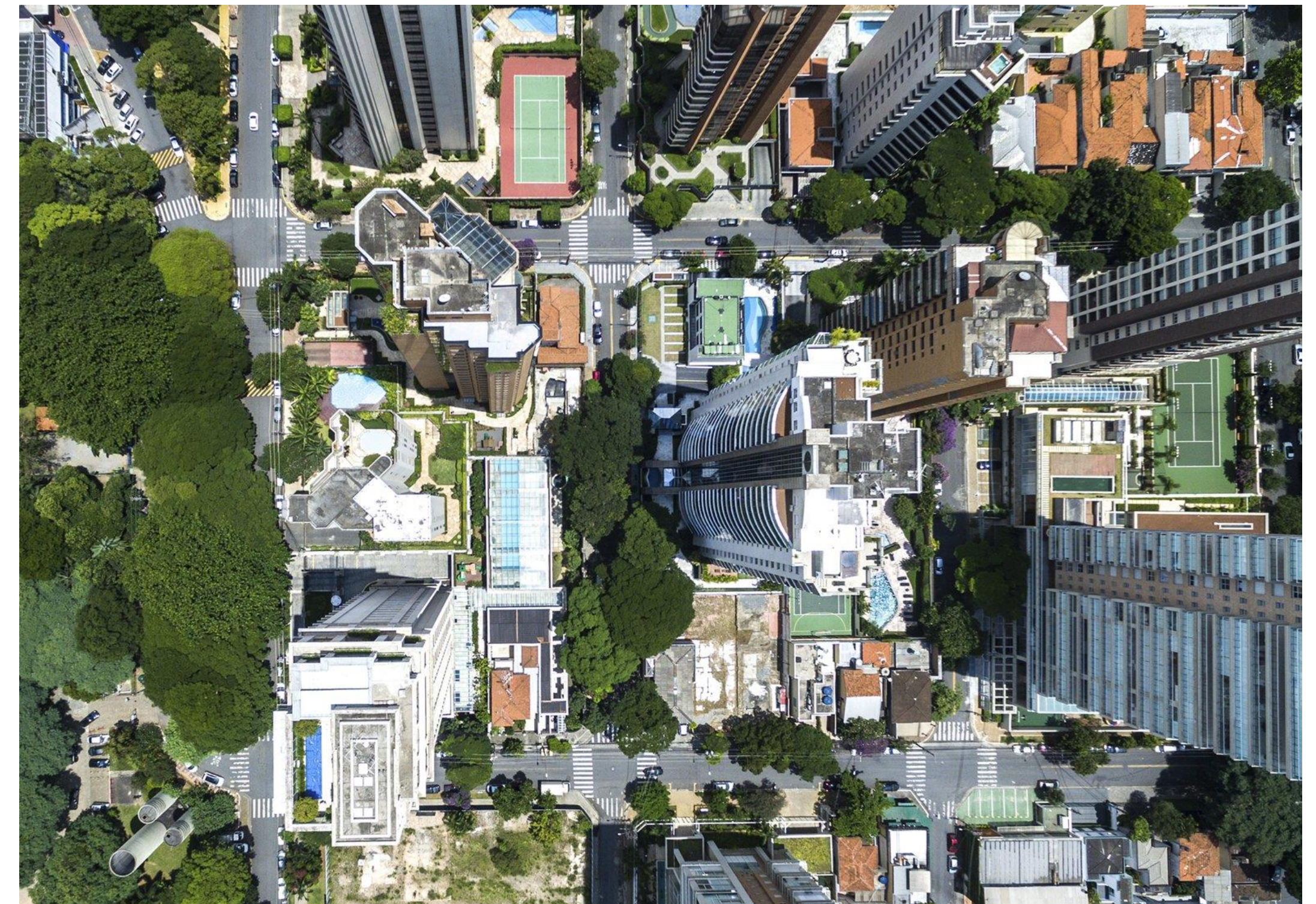
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“

The ability of a system, community or society exposed to hazards to resist, absorb, accommodate to and recover from the effects of a hazard in a timely and efficient manner. Including through the preservation and restoration of its essential based structures and functions.

”



Source: UNISDR, 2012



# Definitions

## *Resilience for Infrastructure*

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“

Resilience covers both ‘physical and societal systems’ through four ‘R’ principles:

- **Robustness:** the inherent strength or resistance in a system to withstand external demands without degradation or loss of functionality;
- **Redundancy:** system properties that allow for alternate options, choices, and substitutions under stress;
- **Resourcefulness:** the capacity to mobilise needed resources and services in emergencies;
- **Rapidity:** the speed with which disruption can be overcome.”

Source: Bruneau et al, 2003

”



Source: Moor et al, 2015



# Definitions

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## *Net zero carbon*

### CITY EMISSIONS < NATURAL SEQUESTRATION

The aggregated total of the emissions from construction, transport, energy use, food, clothing and other consumption equals the aggregated total of the emissions absorbed from land use change within the catchment.





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# Risks and Existing Resilience Assessments

## *City Resilience Index*

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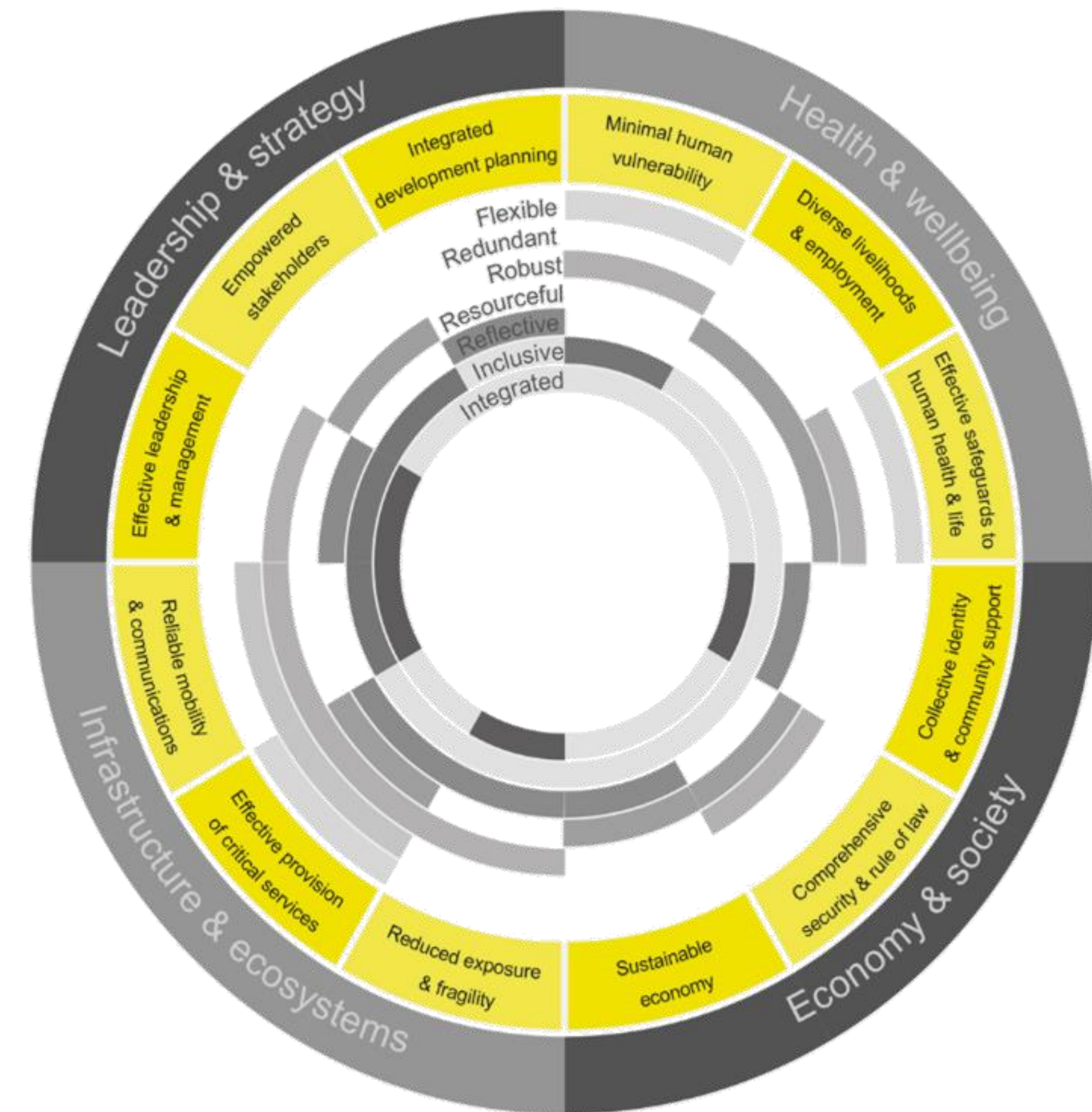
The Index has been designed to enable cities to **measure and monitor** the multiple factors that contribute to their resilience. Its primary purpose is to diagnose **strengths and weaknesses** and measure relative **performance** over time.

This provides a holistic articulation of city resilience, structured around four dimensions, 12 goals and 52 indicators that are critical for the resilience of our cities.

In sum, the CRI aims to help cities understand and measure their capacity to:

- Endure;
- Adapt; and
- Transform.

*Developed by Arup and  
Rockefeller Foundation*



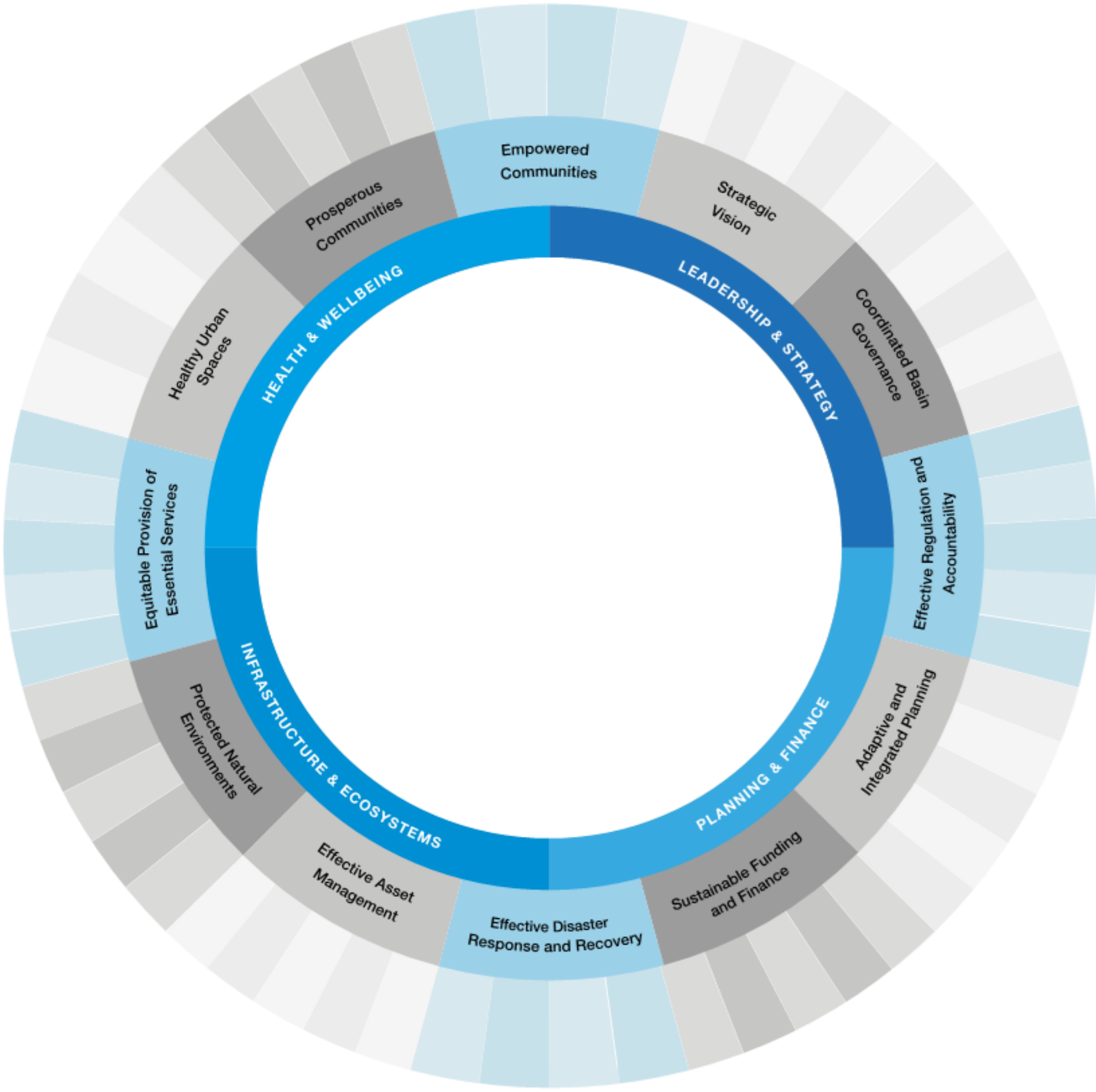
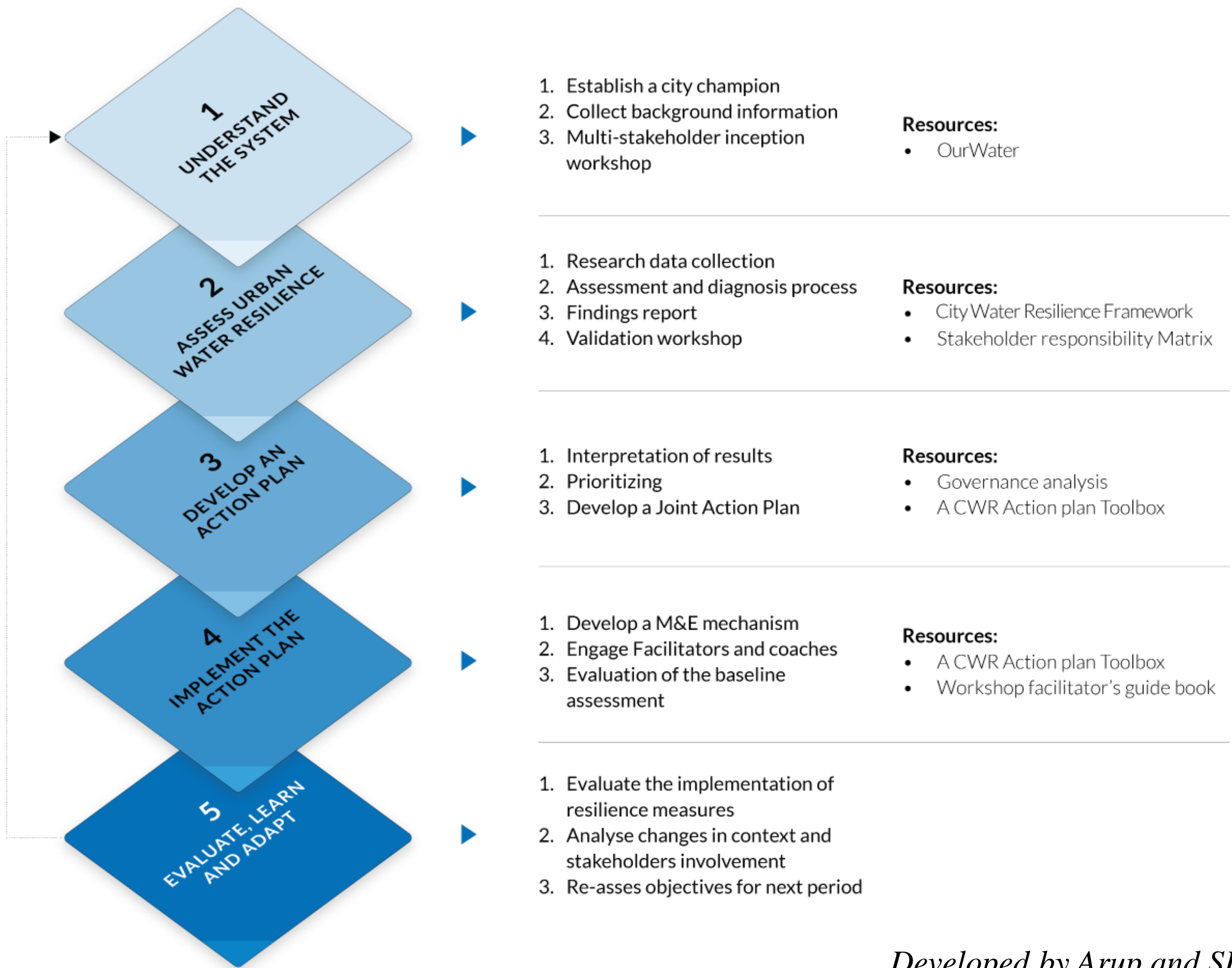


# Risks and Existing Resilience Assessments

## City Water Resilience Approach

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+ MORE INFO



Developed by Arup and SIWI  
In collaboration with





# Risks and Existing Resilience Assessments

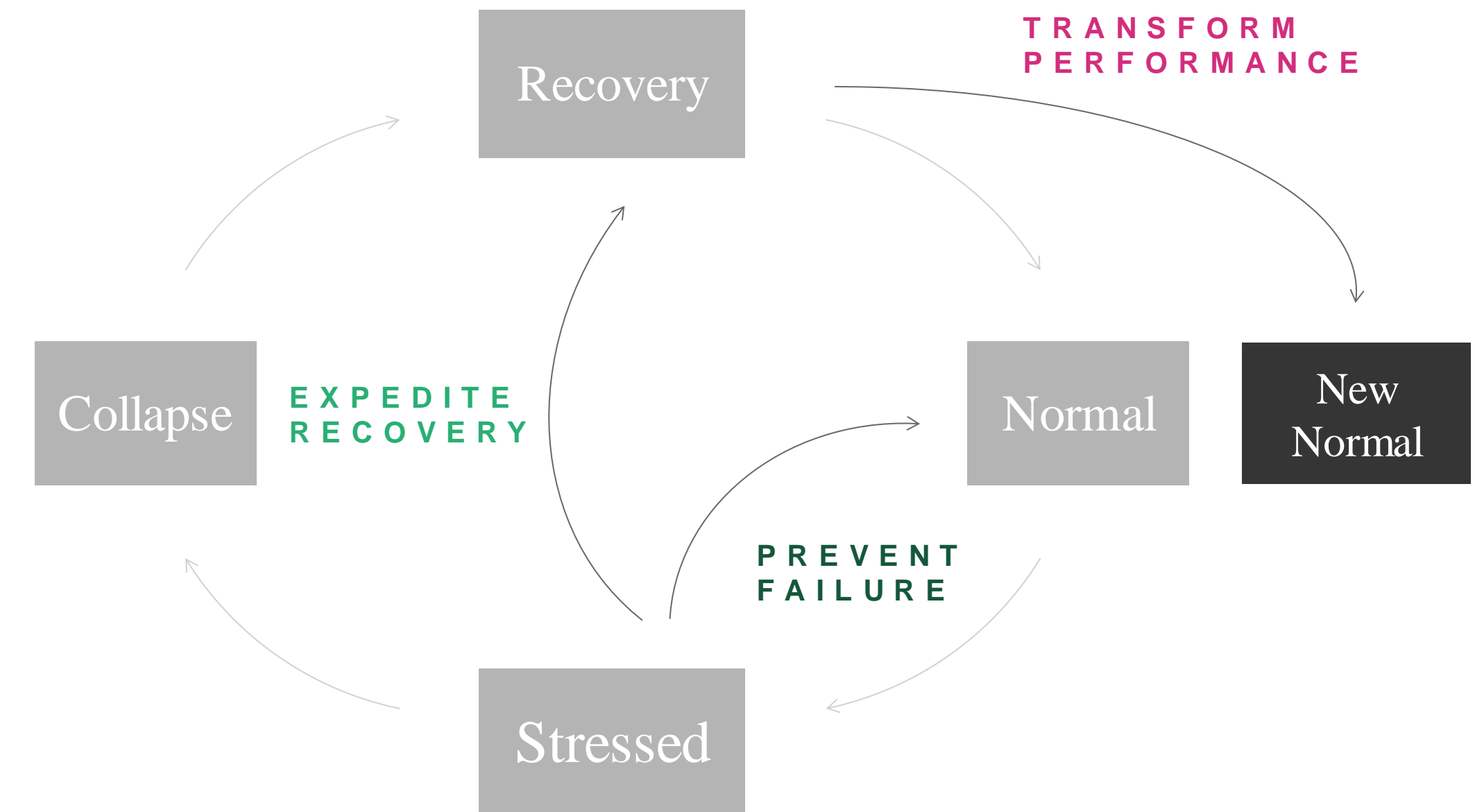
## *Future Cities: Building Infrastructure Resilience*

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Three pathways to guide planning, design, construction and operation:

- **Prevent failure:** ensuring infrastructure systems can withstand the direct and indirect impact of hazards - the overall system continues to fulfil its normal functions, and also support any additional emergency demands that arise.
- **Expedite recovery:** supporting infrastructure systems to become functional as soon as possible after stress or collapse. This can save lives, prevent ‘cascading failure’ of other urban systems, and minimise potentially devastating social and economic outcomes.
- **Transform performance:** working towards a new and improved state - requires reflection on successes and failures, learning and growing. Recovery after infrastructure failure or collapse provides a crucial opportunity – although not the only avenue for such change.



*Adapted from Arup and Lloyds*



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# Designing for sustainability and resilience

## *Key approaches*

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Promote Integrated Planning



Value Ecosystem Services



Prioritise Emergency Preparedness



Design for Robustness



Incorporate Redundancy



Increase Diversity

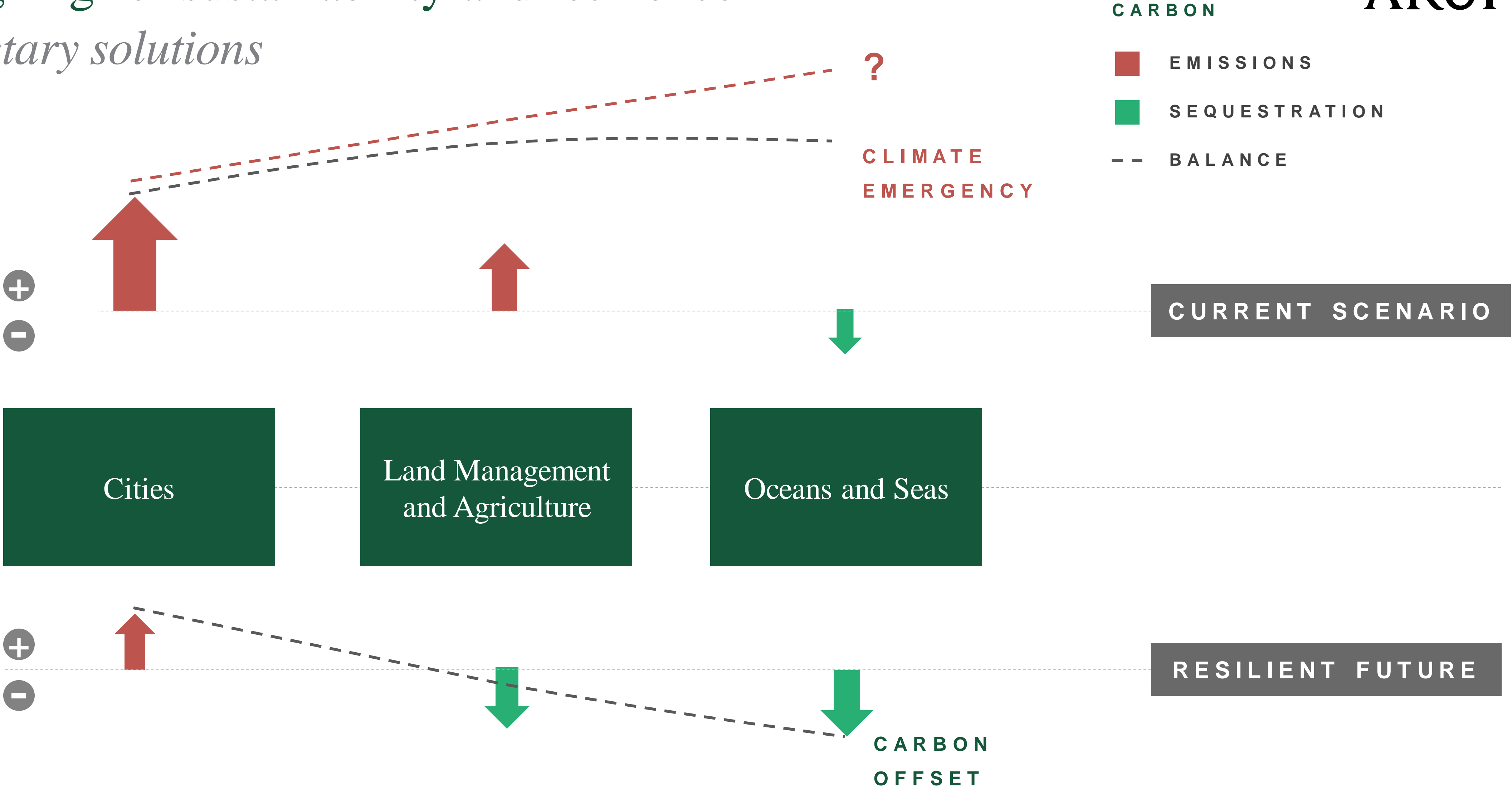


Governance



# Designing for sustainability and resilience

## *Planetary solutions*





# Designing for sustainability and resilience | Cities

## *Systems with control during masterplanning*

- Urban Design
- Existing Buildings
- New Buildings
- Landscape
- Earthworks and Levels
- Transport Systems
- Water Supply
- Foul Drainage
- Flood Risk Management and Surface Water Drainage
- Energy
- Solid Waste
- ICT and Smart Cities
- Lighting

ARUP



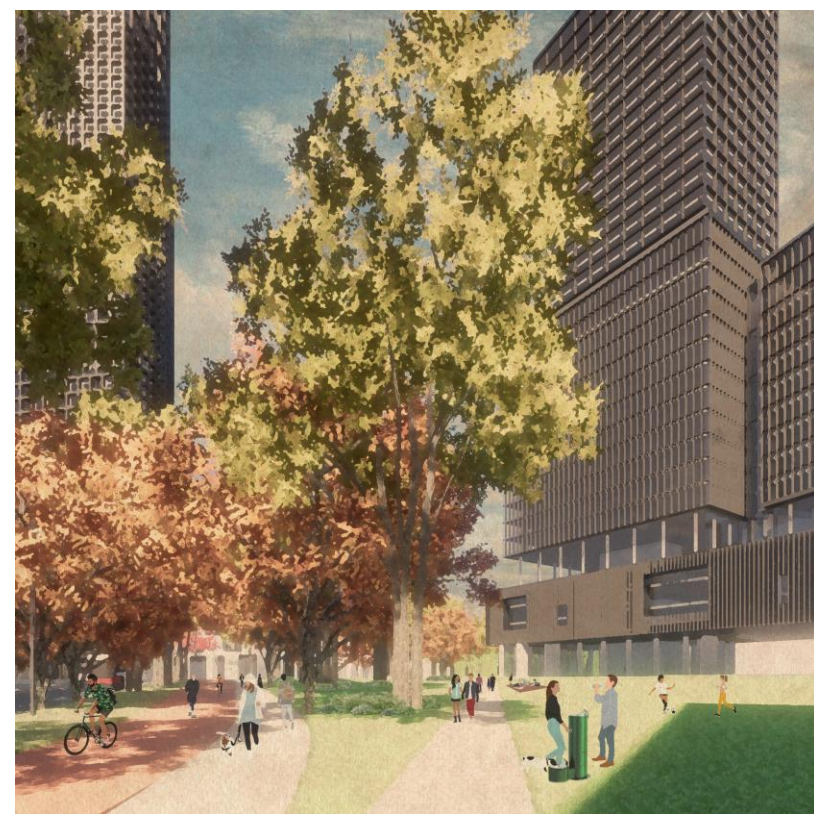


# Designing for sustainability and resilience | Cities

## *Urban design*

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Mixed-use development, relatively **high density**, orientated and located to suit climate, topography, geology and **site context**, designed to encourage walking and cycling and incorporation of public transport systems.



2150 Lake Shore – Toronto, Canada (Allies & Morrison)





# Designing for sustainability and resilience | Cities

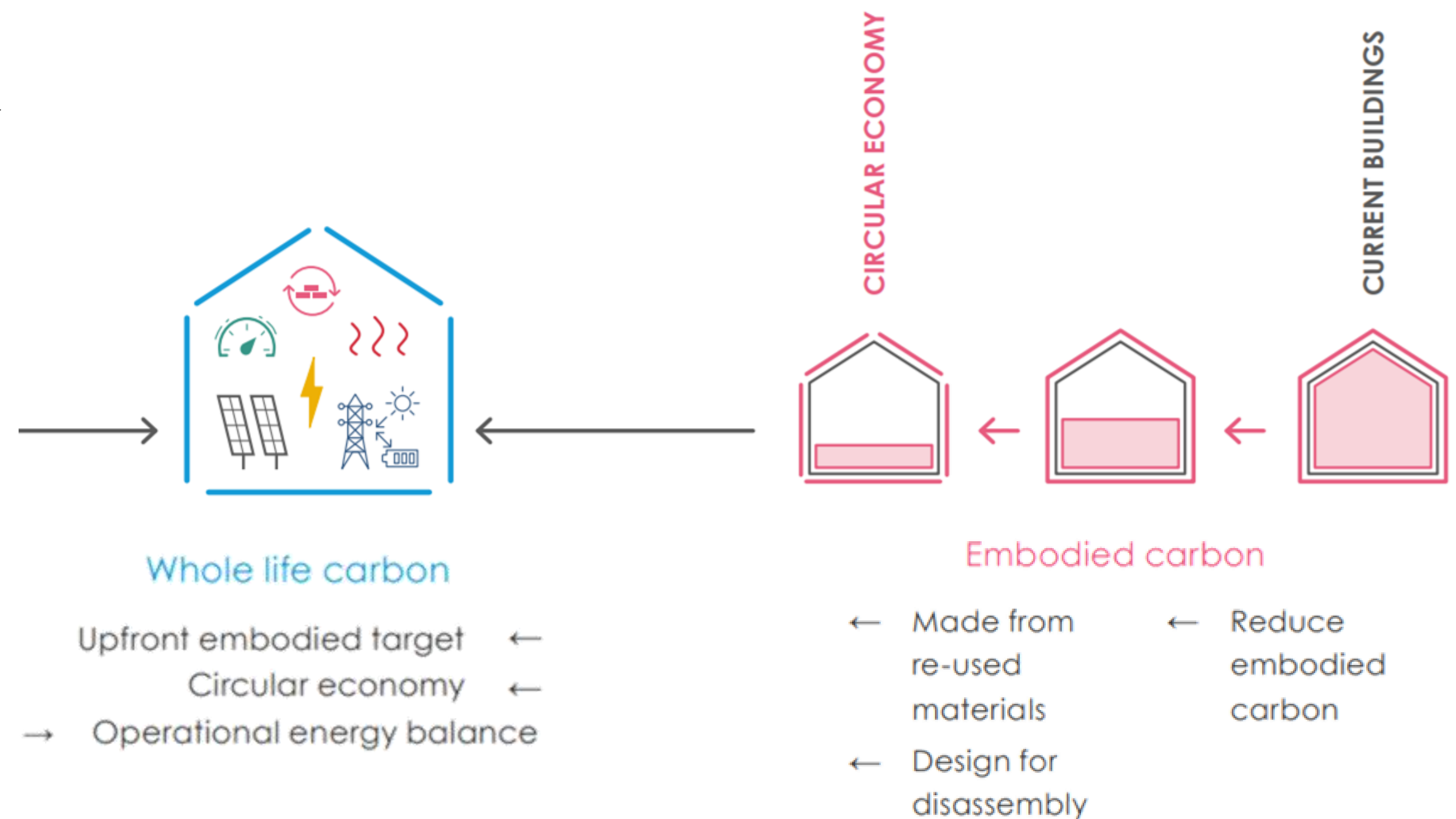
## *New buildings*

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Typical solutions would include: appropriate density, orientation, glazing ratio, and façade performance to minimise heating and cooling; and use of **circular economy** principles for all construction and replacement materials and use of **low carbon** materials.

$$\text{Whole life carbon} = \text{Operational carbon} + \text{Embodied carbon}$$



### Operational and embodied carbon of a building

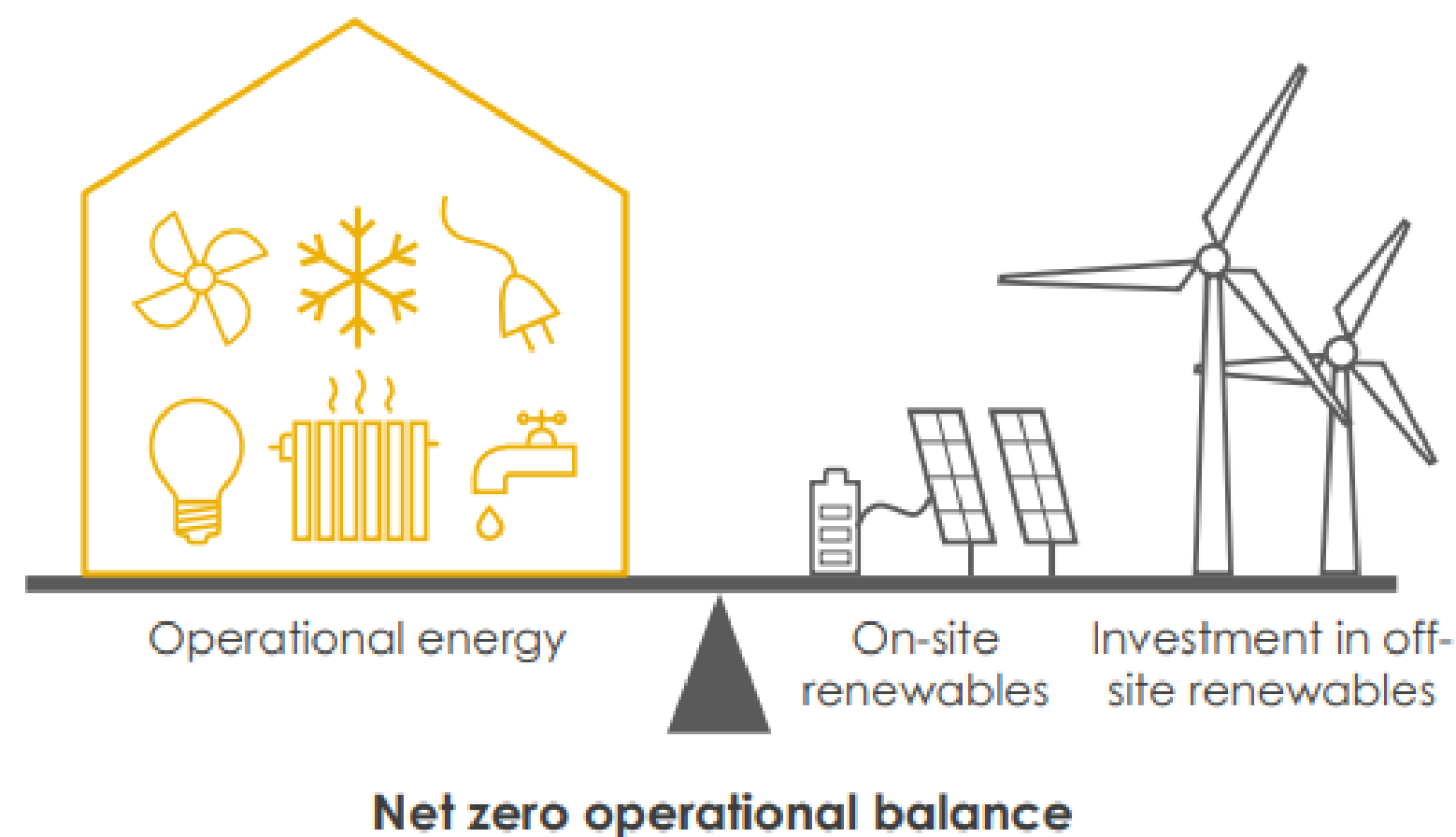
Source: LETI Climate Emergency Design Guide



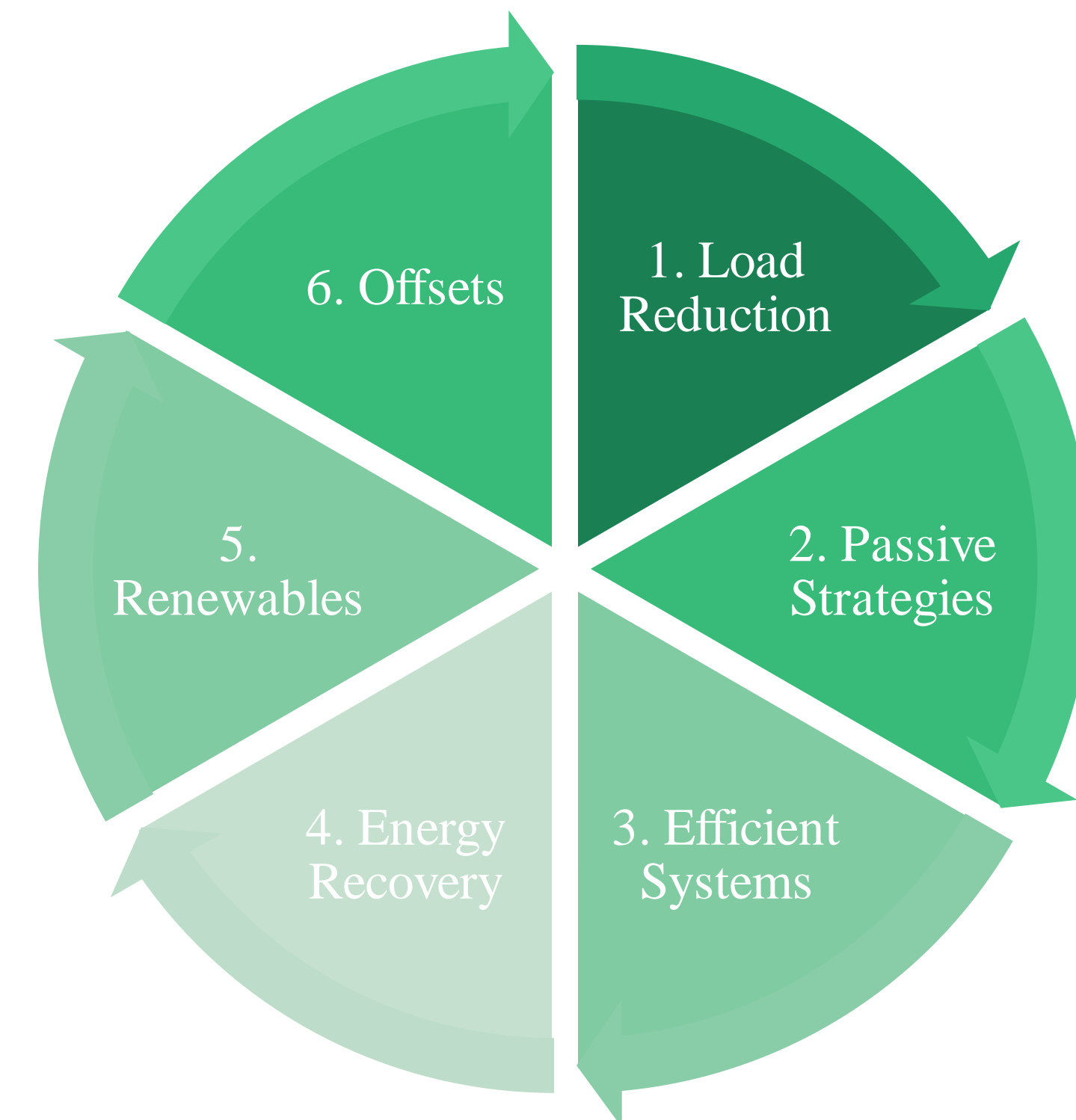
# Designing for sustainability and resilience | Cities

## *Existing buildings*

Typical solutions would include: demand reduction, insulation, triple glazing, electrification, space heating using air or ground source heat pumps, incorporation of batteries and or possible transition to hydrogen, and continued use of the gas network and use of circular economy principles for all new and replacement systems.



## HIERARCHY OF MEASURES





# Designing for sustainability and resilience | Cities

## *Landscape*

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Work with existing natural landform where appropriate, aim to link into existing natural systems, use indigenous plant species appropriate for enhancing local ecology, develop the soil ecology, use natural growing techniques and avoid use of chemicals, integrate with the surface water and flood risk management strategy, aim to be **restorative** and **regenerative**.

### Key outcomes:

- Biodiversity net gain;
- Catchment-wide land management;
- Climate appropriate species;
- Increased area of habitats & improved connectivity of habitats;
- Regenerate natural ecosystems and soil restoration;
- Multi-functional landscapes (produce food, store stormwater, provide recreational facilities, health benefits);
- Sense of stewardship (connection between people and landscape).

Oman Botanic Gardens (top) and Shigu River eco-landscape, China (bottom)





# Designing for sustainability and resilience | Cities

## *Earthworks and Levels*

Work with existing landforms where appropriate, create **cut/fill balance** and **minimise off-site disposal** of material, **integrate** with gravity drainage systems and flood risk management.

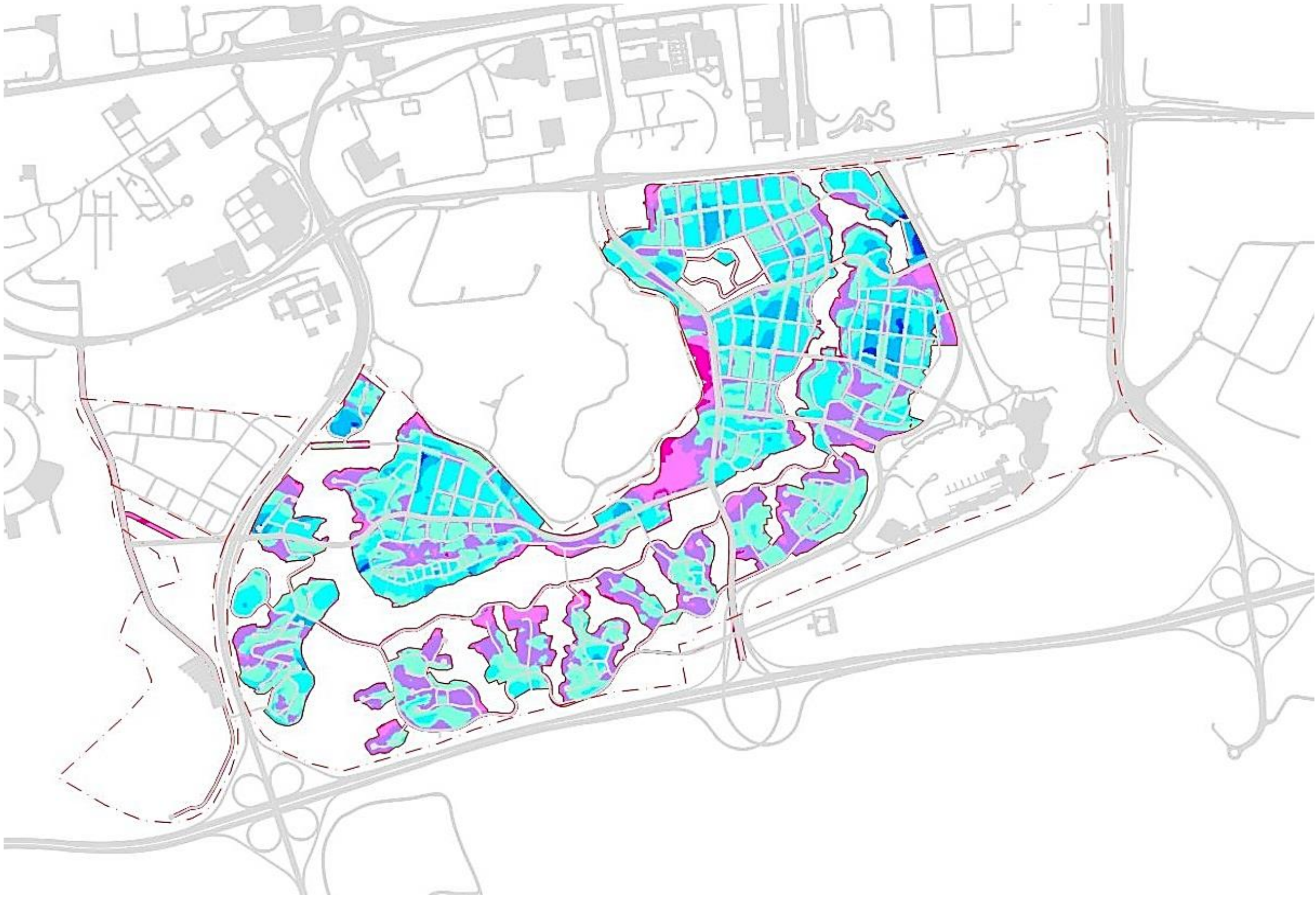
Minimum and  
balanced  
across the site

**CUT**

**FILL**

SURFACE LEVEL DATA			
NUMBER	MINIMUM LEVEL	MAXIMUM LEVEL	COLOUR
1	-15.00	-12.50	Dark Blue
2	-12.50	-10.00	Blue
3	-10.00	-7.50	Light Blue
4	-7.50	-5.00	Cyan
5	-5.00	-2.50	Teal
6	-2.50	0.00	Green
7	0.00	2.50	Light Green
8	2.50	5.00	Yellow-Green
9	5.00	7.50	Yellow
10	7.50	10.00	Orange
11	10.00	12.50	Dark Orange
12	12.50	15.00	Red-Orange
13	15.00	17.50	Red
14	17.50	20.00	Dark Red

Irfan ground levels strategy





# Designing for sustainability and resilience | Cities

## *Transport Systems*

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Future Transport (Arup, 2018)

Maximise walking, cycling and use of public transport, design in resilience for future transport systems and modal shift from the private car including electrification and charging systems, reduced need for car parking and flexibility of use within the design of parking structures and roads.

### Key outcomes:

- Modal shift to walking and public transport;
- 100% of the city served by network for slow traffic (bikes, pedestrians, etc);
- Decarbonising (electrifying) the transport networks;
- Flexibility for emerging new modes of transport (EV & AV).





# Designing for sustainability and resilience | Cities

## *Water supply*

Demand reduction strategies, recycling and reuse, non-potable supply systems for toilet flushing and irrigation and use of native species to minimise irrigation demand.

### Key **outcomes**:

- Capture sediments and nutrients at intake and remove silt/sediment at source
- Catchment-wide planning, reconnect lake section and planned flooding;
- Demand Reduction;
- Ecological enhancement;
- Green and blue infrastructure;
- Continuous natural wetland treatment;
- Nitrogen and phosphorus recovery and recycling.

Gardens by the Bay, Singapore





# Designing for sustainability and resilience | Cities

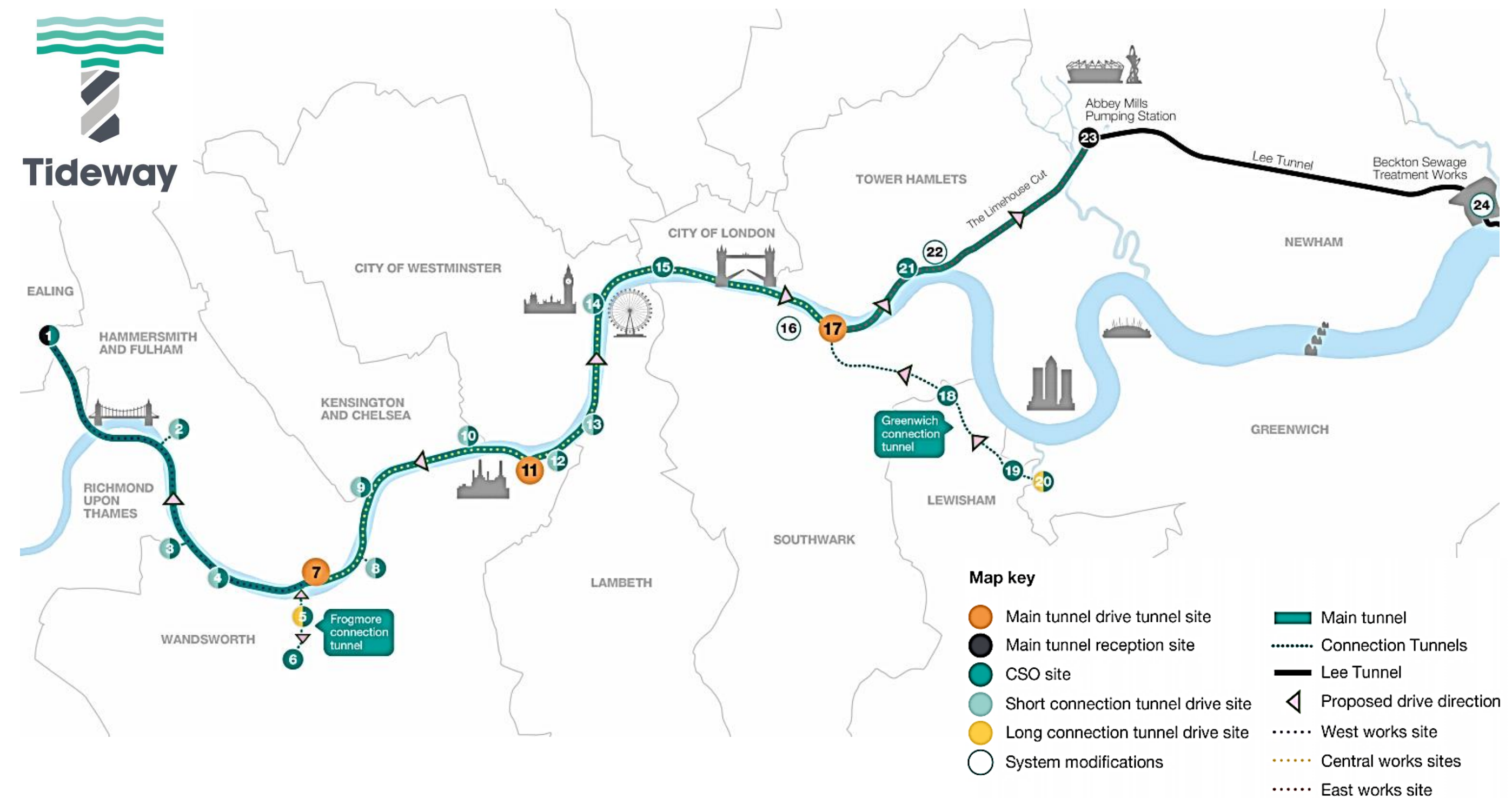
## *Foul Drainage*

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**Maximise** gravity systems and **minimise** need for pumping stations.



**25km** sewer under the River Thames to intercept a 150-year-old sewer system and clean up the river for the good of the city, its wildlife and London citizens

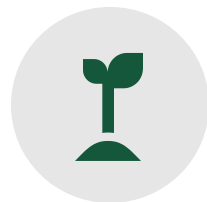




# Designing for sustainability and resilience

## *Surface Water Drainage and Flood Risk Management*

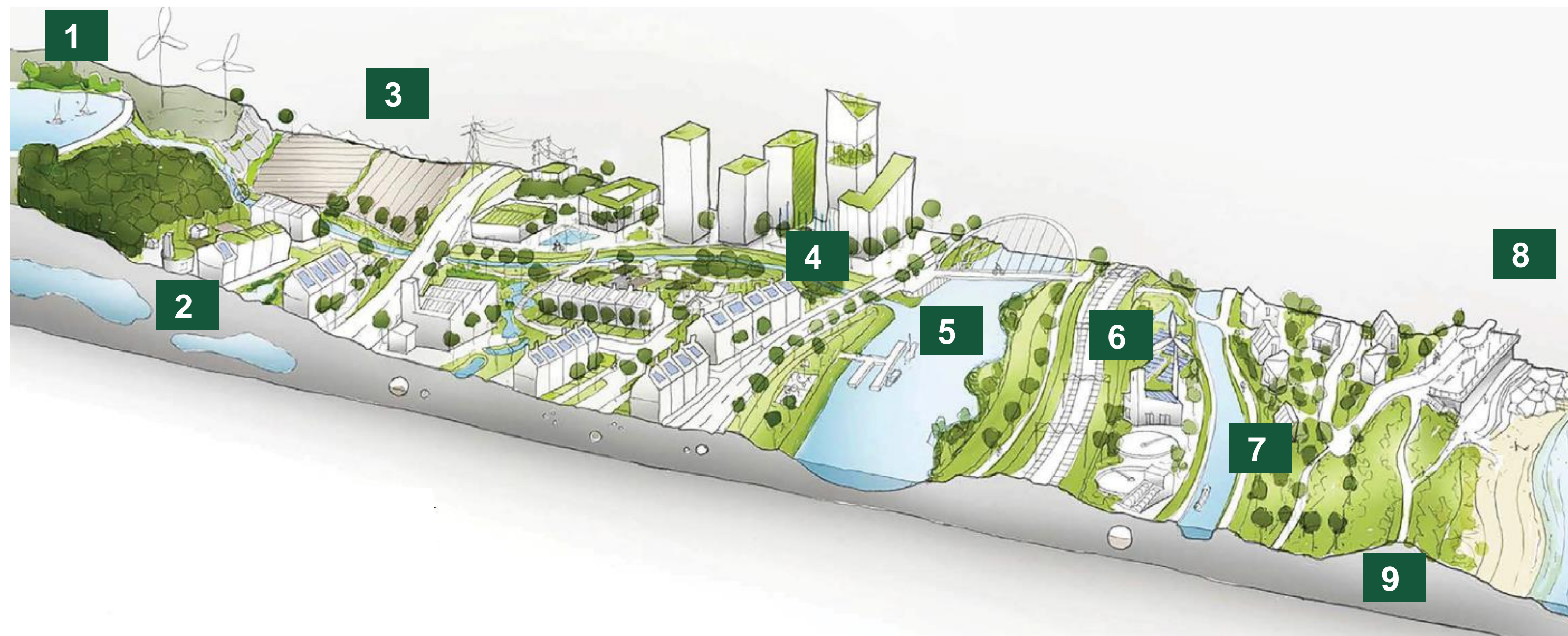
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Design to include **allowance** for climate change, use of **Sustainable Drainage Systems (SuDS)** integrated with the landscape design and aim to minimise **off-site discharges** and maximise **infiltration** and groundwater recharge.



Integrate with site levels strategy and create a hierarchy of levels to provide greatest flood resilience for buildings and critical infrastructure, allowing the landscape areas to flood in extreme events.



- 1 UPPER CATCHMENT MANAGEMENT
- 2 SUSTAINABLE URBAN EXTENSION
- 3 AGRICULTURE AND FOOD
- 4 GREEN INFRASTRUCTURE
- 5 REVITALISED RIVER SPACE
- 6 WATER-RESILIENT INFRASTRUCTURE
- 7 RESTORED/REVISTALISED WATERWAYS
- 8 COASTAL DEFENCES
- 9 DYNAMIC NATURAL COAST

Shanghai drainage masterplan



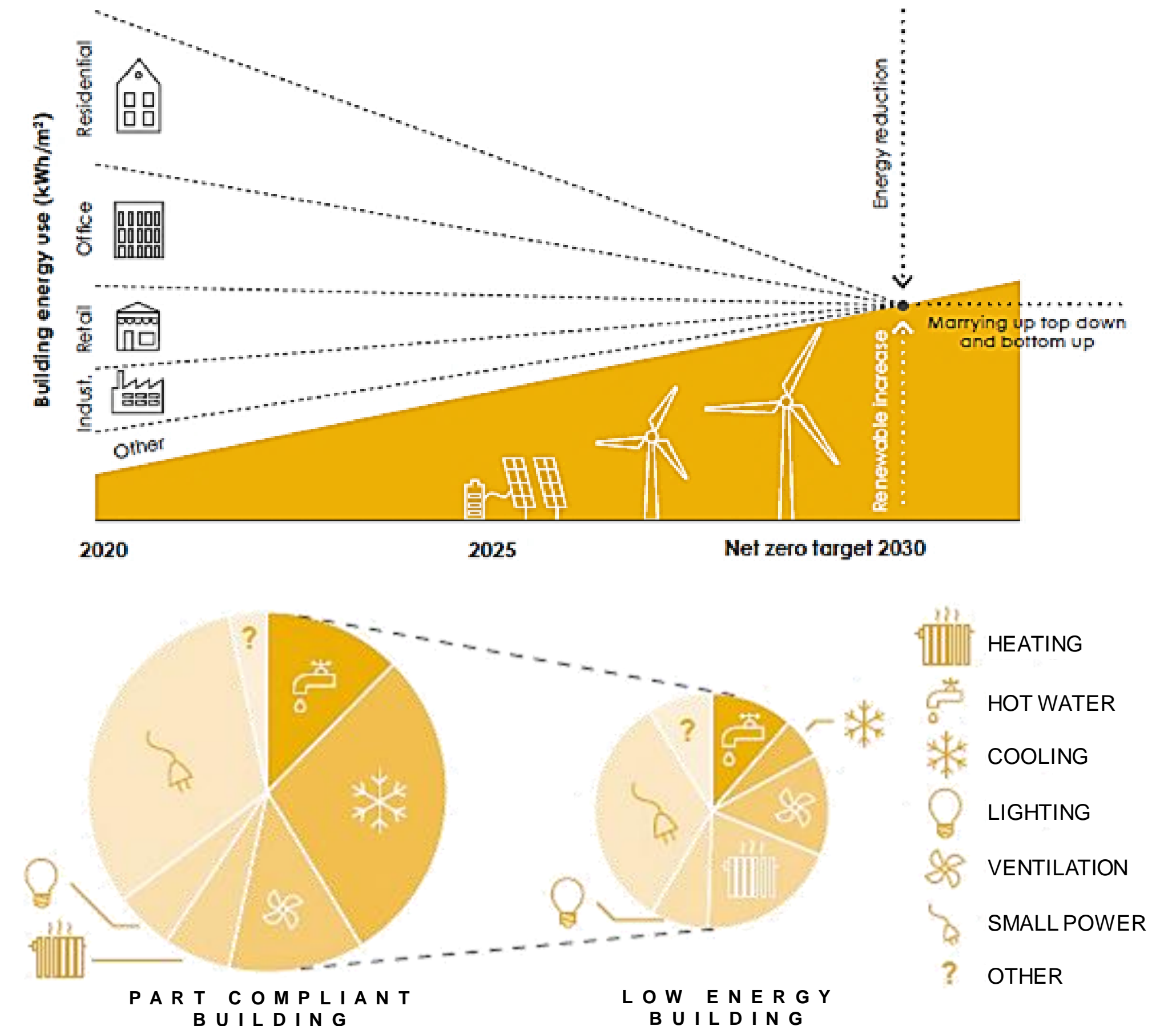
# Designing for sustainability and resilience | Cities

## *Energy / Design solutions*

Minimise total and peak demand through good design and smart systems, allow for electrification of space heating systems, use of batteries, and potential transition of natural gas network to hydrogen.

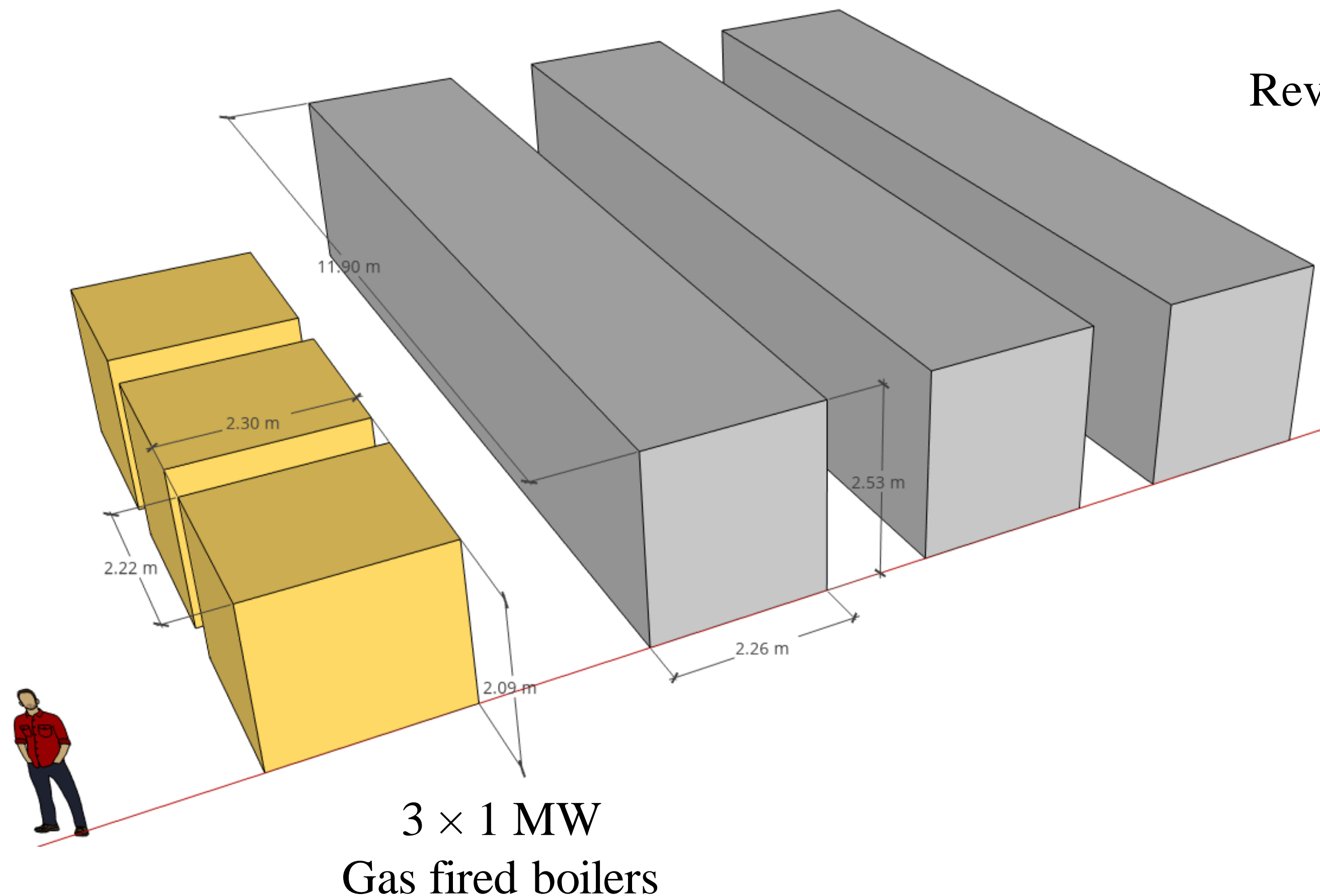
### Key outcomes:

- Demand Reduction but consider transition to EVs and electrical heating;
- Allow possible transition to hydrogen via gas networks;
- Decentralised infrastructure (microgrids, decentralised water treatment, etc);
- Low carbon, renewable energy generation;
- Locate appropriate energy sources: hydroelectric, solar, geothermal, wind, tidal, wave, biofuels, EFW, nuclear, hydrogen;
- Reduce/eliminate dependency on fossil fuels by considering all-electric options.





## *Energy / Spacing requirements*



3MW heating capacity dimensions -  
**comparison** between gas boilers and  
heat pumps



# Designing for sustainability and resilience | Cities

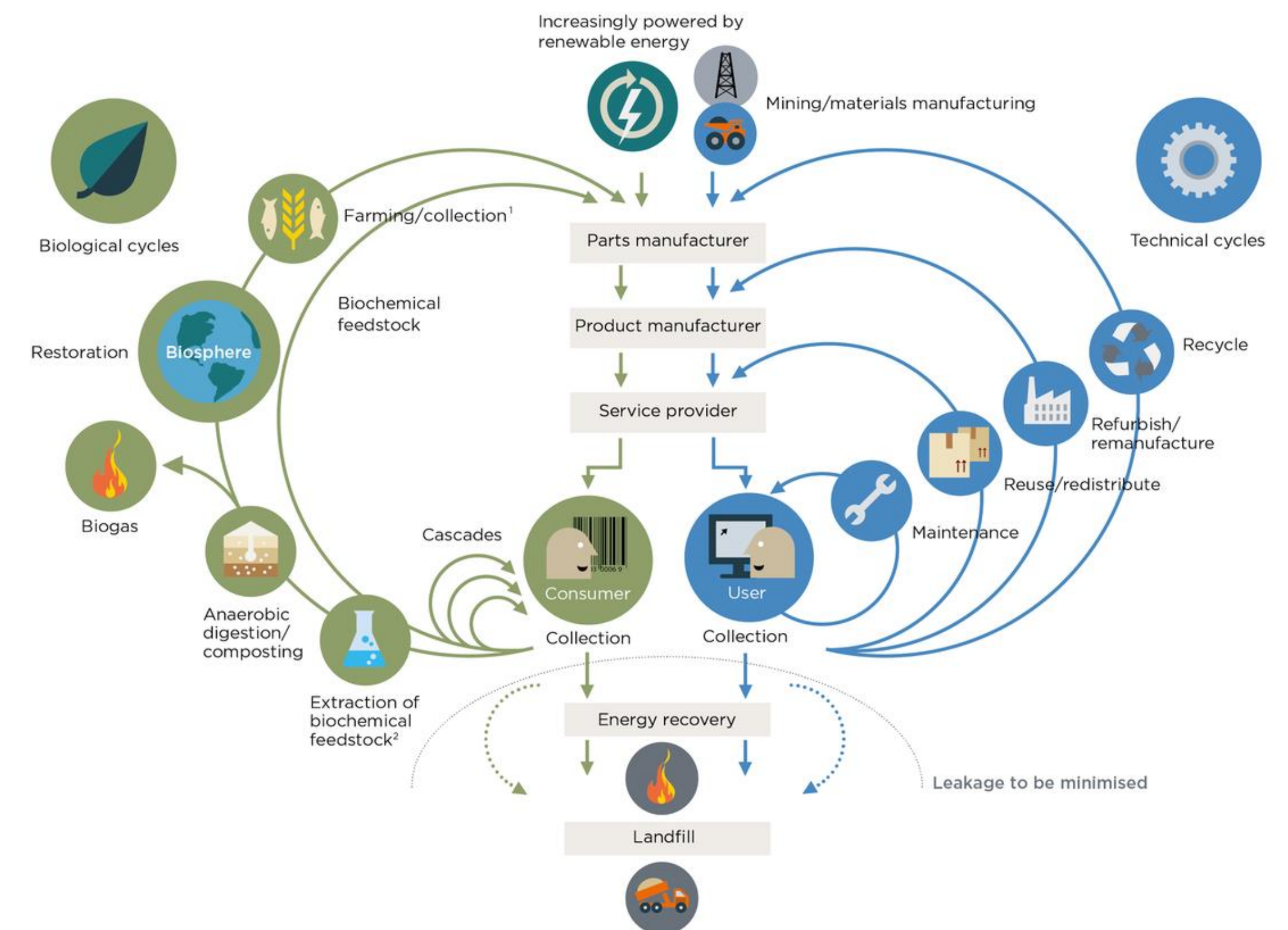
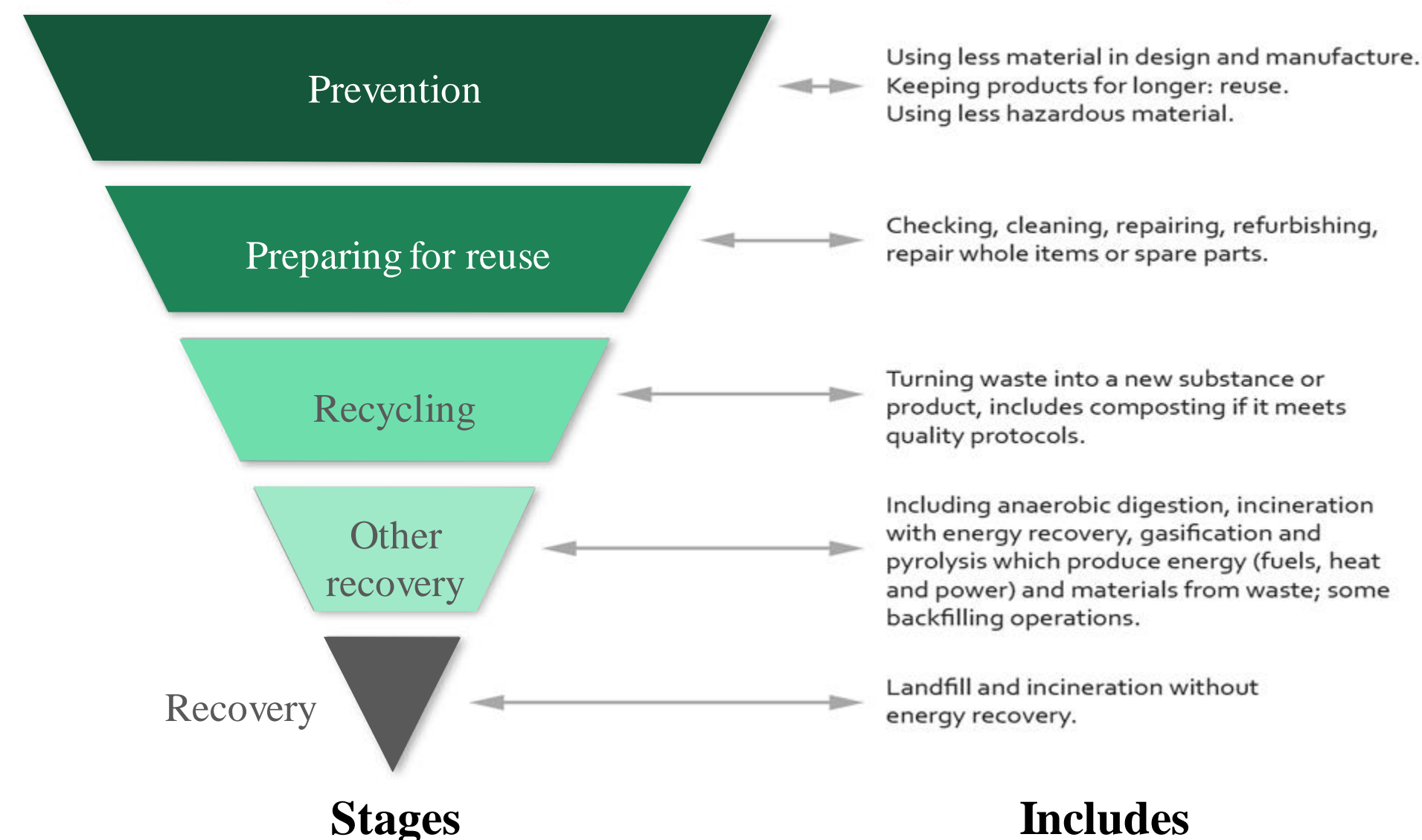
## *Solid waste*

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Key principles:

- Circular economy principles
- Reduce consumption & Reduce waste production
- Increase resource efficiency and maximise the contribution to renewable energy generation (electricity, heat, cooling)
- Water-Energy-Waste Nexus



Principles of circular economy – Ellen Macarthur Foundation



# Designing for sustainability and resilience | Cities

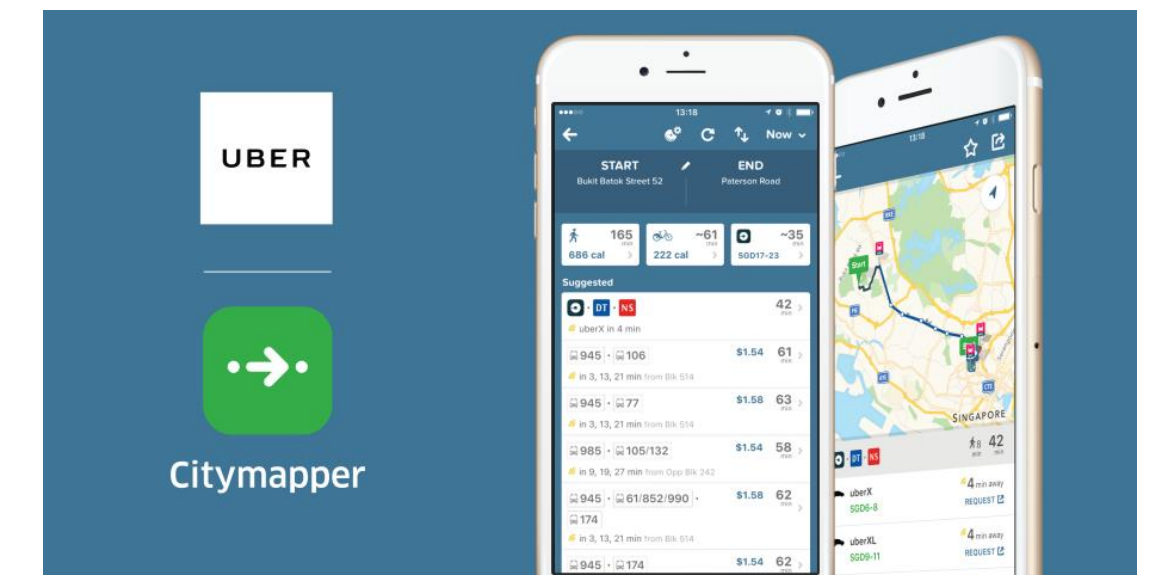
## *ICT and Smart Cities*

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Systems management and data collection to improve the efficiencies and **reduce demands and peaks** of the utility and city systems, including:

- Transport (Intelligent transport systems)
- Energy (data driven grid)
- Water systems (asset management)
- Waste (energy from waste - EfW, composting, online material banks)

**Integrated Digital Portals to Create Positive Travel Experience and Enable Service Sharing**  
Making data available in public



**Resource Sharing and Service Capacity Optimisation**  
Autonomous Vehicles Service, Personal Moving Device Sharing

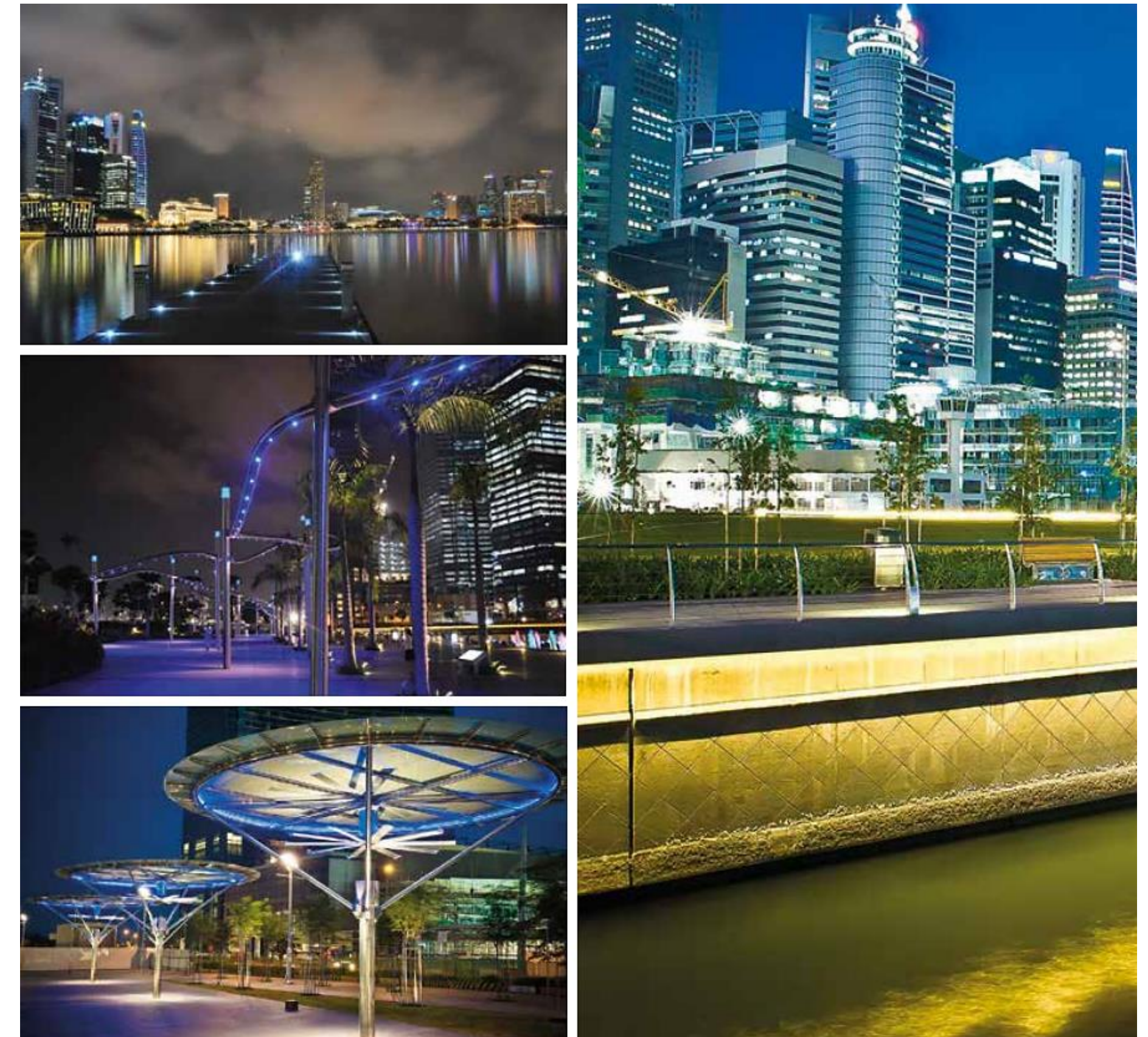


# Designing for sustainability and resilience | Cities

## *Lighting*

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Use of LED lighting to **reduce demand** and smart systems to light only when required; minimise **light pollution**.





Carbon sequestration on land



Carbon on land is found in:

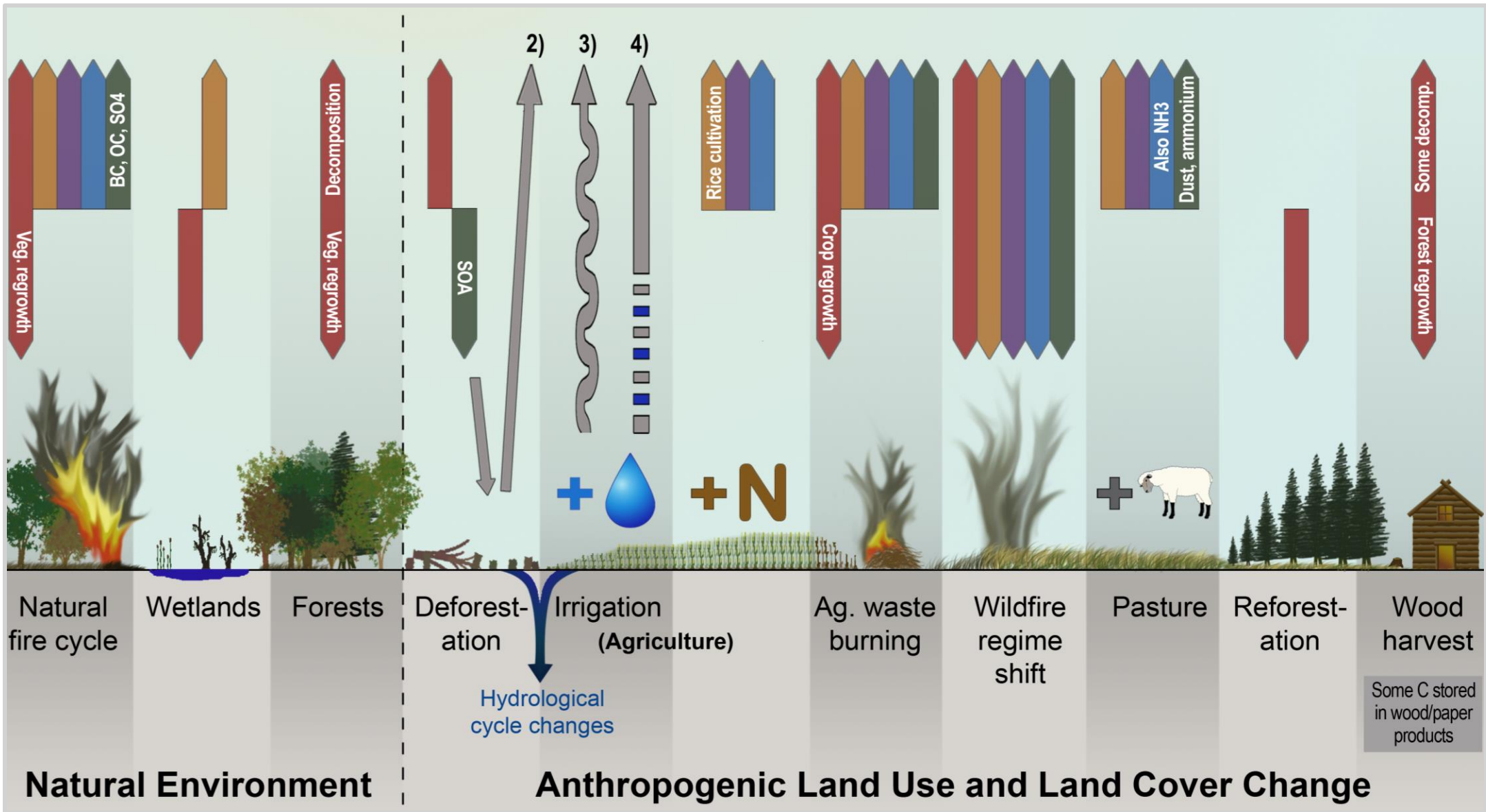
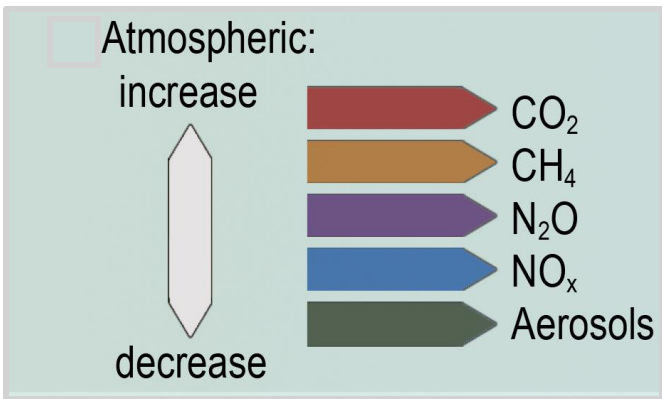
- Plants above ground – trees, grasslands, bushes, forests;
- Leaf and plant litter at the ground surface;
- The soil itself.

Even in well-managed forests, the carbon in soil is estimated to be almost **75%** of total forest carbon.

Carbon sequestration rates

Trees (depending on type and stages of growth)	-14 tCO2e/ha
Intensive agriculture	+2 tCo2e/ha
Mob grazed grassland in temperate climates	-2 to -20 tCO2e/ha

Source: Climate Science Special Report (CSSR), 2017





## *Carbon sequestration on land*

A few key points are apparent:

- Land managed has a potential ability to sequester significantly more carbon than currently takes place;
- Research is required to properly assess the role of soil in land management and their ability to: sequester carbon; reduce flood, drought and fire risk; reduce needs for agrochemicals increase biodiversity; and produce healthier food.





### CONTEXT

In most countries in the world, the solution to the challenges we face regarding climate change and environmental regeneration and restoration can only succeed if in addition to the interventions required for urban areas we also review and change the way we manage our land and produce our food. Currently the vast majority of our land is poorly managed and the way we farm, indeed what we produce has a massive negative impact on the environment and our health and well-being.

A strategy is required to allow the development of appropriate land use management plans which best suit the local context and best meet the wider sustainability and resilience objectives. This strategy should form a basis for deciding which land should be used for **rewilding, forestry, natural grasslands, wetlands, and agriculture.**

Source: Less is more – Greenpeace, 2018





## *Food and land-use management*



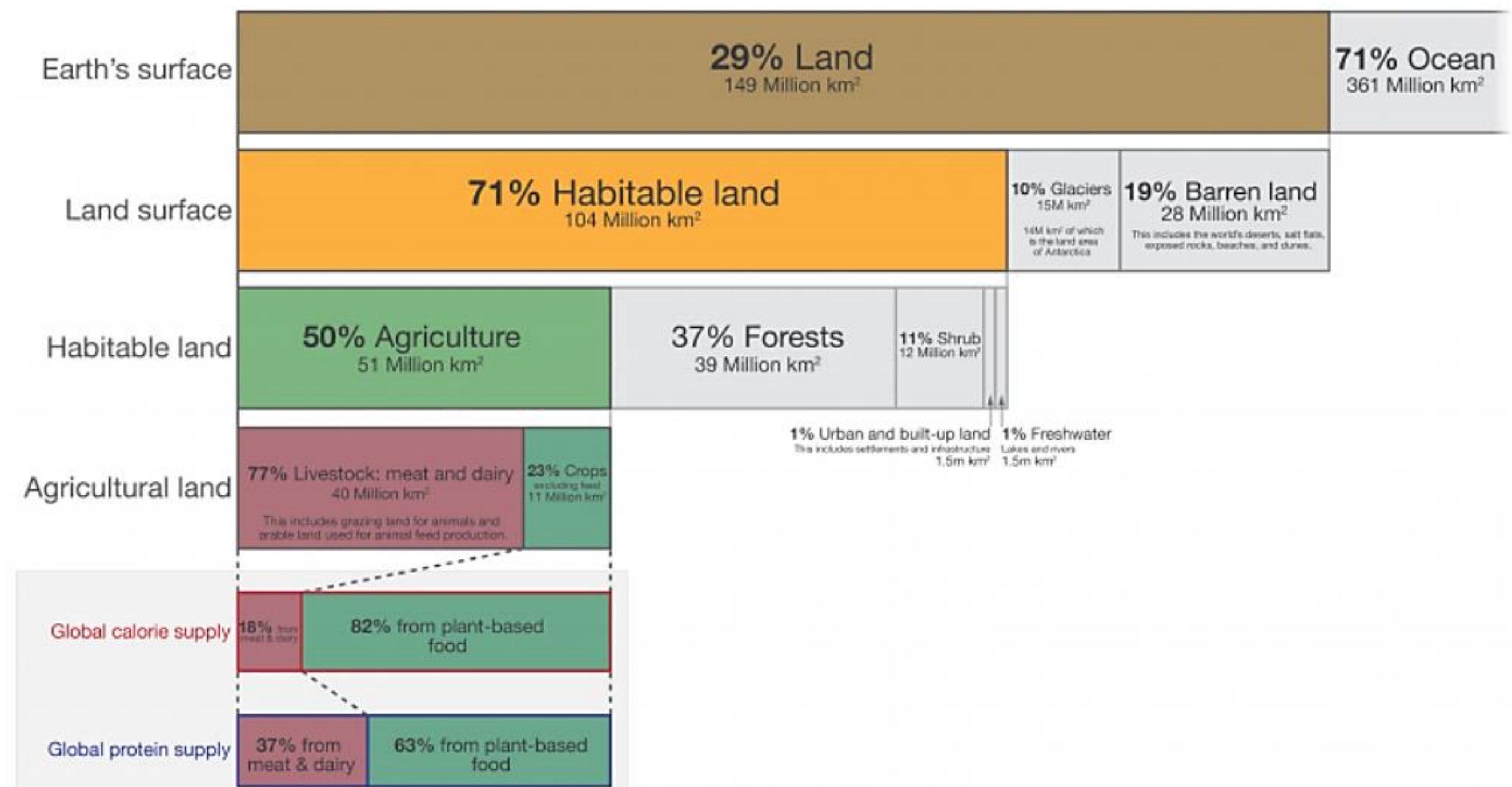
Agriculture is responsible for:

- **50%** of the world's habitable land take;
- **70%** of the world's freshwater consumption;
- **33%** of greenhouse gas emissions.

In addition to this, poor agricultural practices are believed to be:

- A major cause of **soil** erosion and loss;
- A major cause of **biodiversity** loss;
- Significantly responsible for the increased **risks** of flooding, droughts and fire.

## GLOBAL LAND USE



Source: Our World in Data, 2019

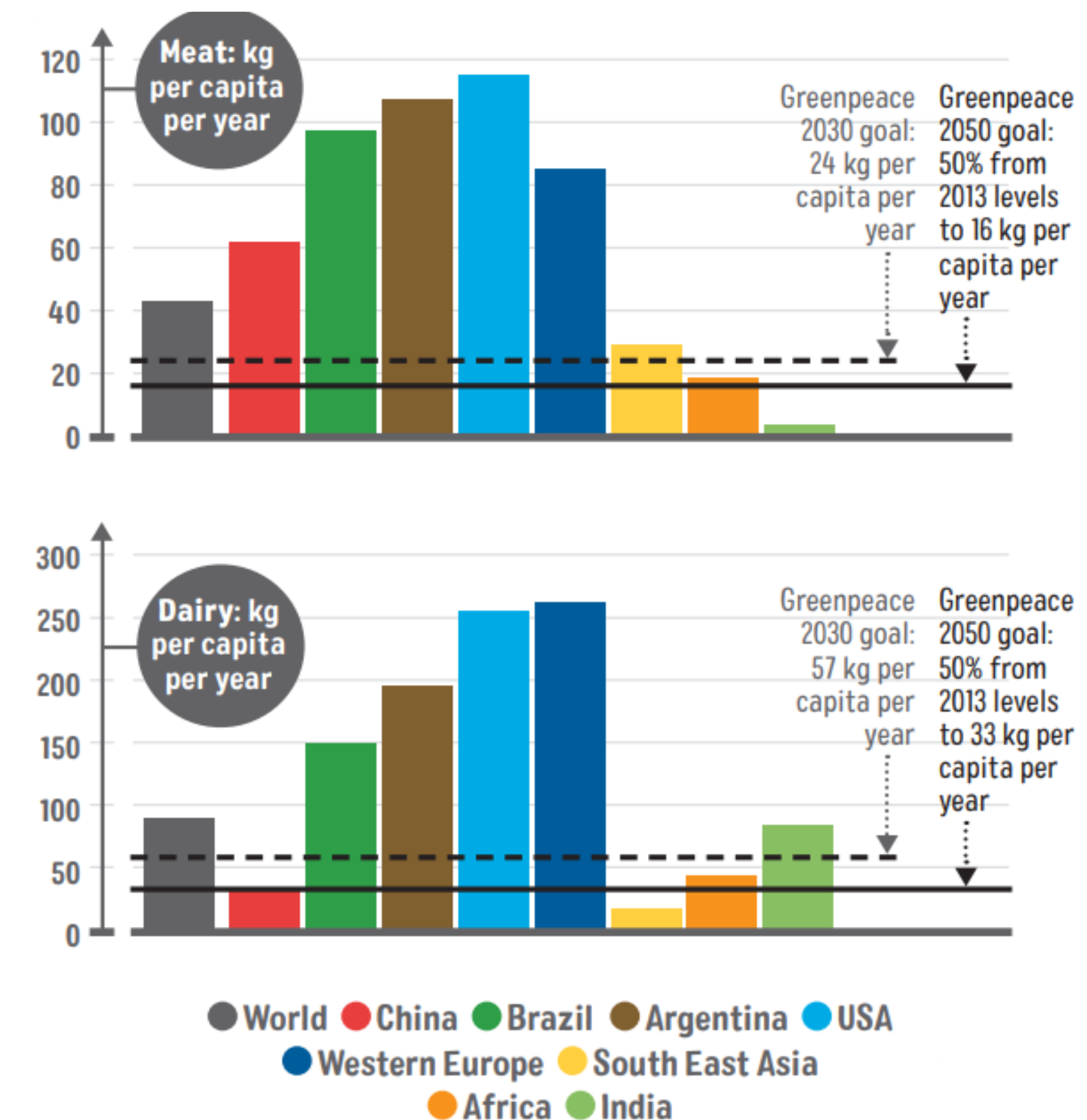


## *Transition in food production*

Transitions are required in how food is produced and consumed, especially in relation to:

- Reducing meat consumption (unbalanced portions, not necessarily vegetarian/vegan diets);
- Increasing use of natural farming techniques and reducing monoculture practices;
- Using livestock to keep the land fertile for crop production, where appropriate;
- Using urban farming strategies as a solution to locally produce perishable food, such as fruits, vegetables and herbs – reduction of transport emissions, logistics costs and supply chain gains.

### CURRENT ANNUAL AVERAGE MEAT AND DAIRY CONSUMPTION PER PERSON



Source: Less is more – Greenpeace, 2018



## *Natural farming*

The **transition** to natural farming – where and when appropriate – would include:

- Working with the existing land designated for agriculture and no further cutting down of existing forests woodlands and natural wetlands and grasslands;
- Reduced ploughing;
- Managed grazing – mimicking the way animals behave with predators;
- Combined growth of annual crops within perennial grasses;
- Seeding using direct drilling with minimum disturbance to existing perennial grasses;
- Soil testing, monitoring and restoration;
- Organic practices;
- Intercropping, Permaculture, and Silviculture;
- Reduced applications of biocides, herbicides or agrochemicals.

Rwanda Institute for Conservation and Agriculture





## *Benefits of natural farming*

The transition to natural farming – where and when appropriate – would include:

- Restoring and regenerating the lost and degraded top soils;
- Carbon sequestration rather than generation through Increasing the thickness and quality of top soils;
- Restoring Ecological biodiversity within and above the soils;
- Reducing and potential eliminating the need for agrichemical applications;
- Increasing flood, drought and fire resilience;
- Increase natural disease resilience;
- Improved quality of food containing micronutrients and trace minerals;
- Positive social impact, i.e. farmers are less reliant on costly inputs (e.g. herbicides, fertiliser) therefore are more resilient to price fluctuations;
- Improved air quality by growing certain plant species (e.g. lichens).





## *Urban farming*

Key aspects of urban farming:

- Increase urban food production with hydroponics and vertical farming;
- Rethink the supply chain system by increasing transparency and shift towards a circular economy;
- Move to sustainable consumption: changing diets and looking at food as a service;
- Managing and eliminating food waste by making the most from food systems;

Source: M&S indoor farms



Source: Smart farm on rooftop of Funan Mall in Singapore

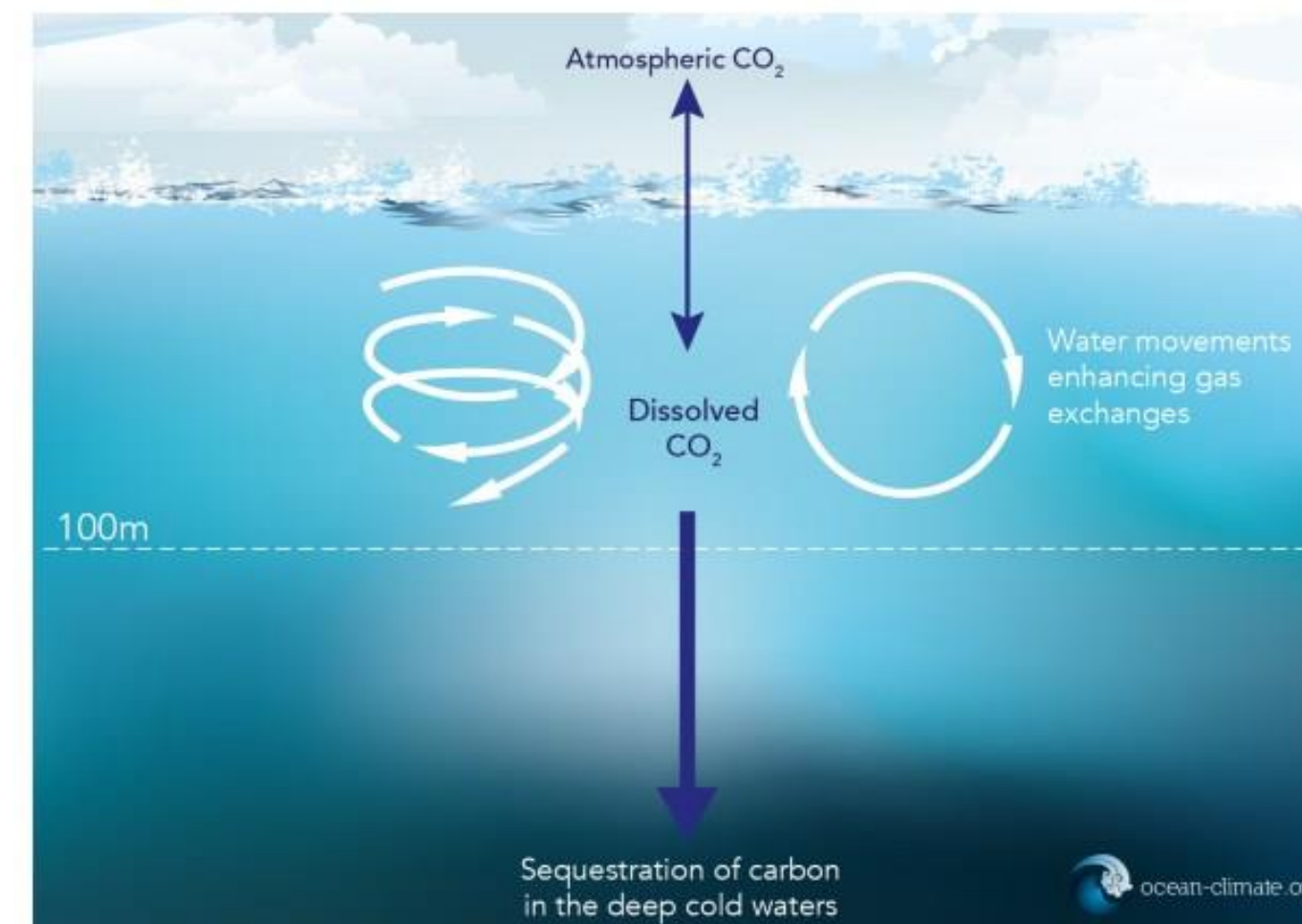




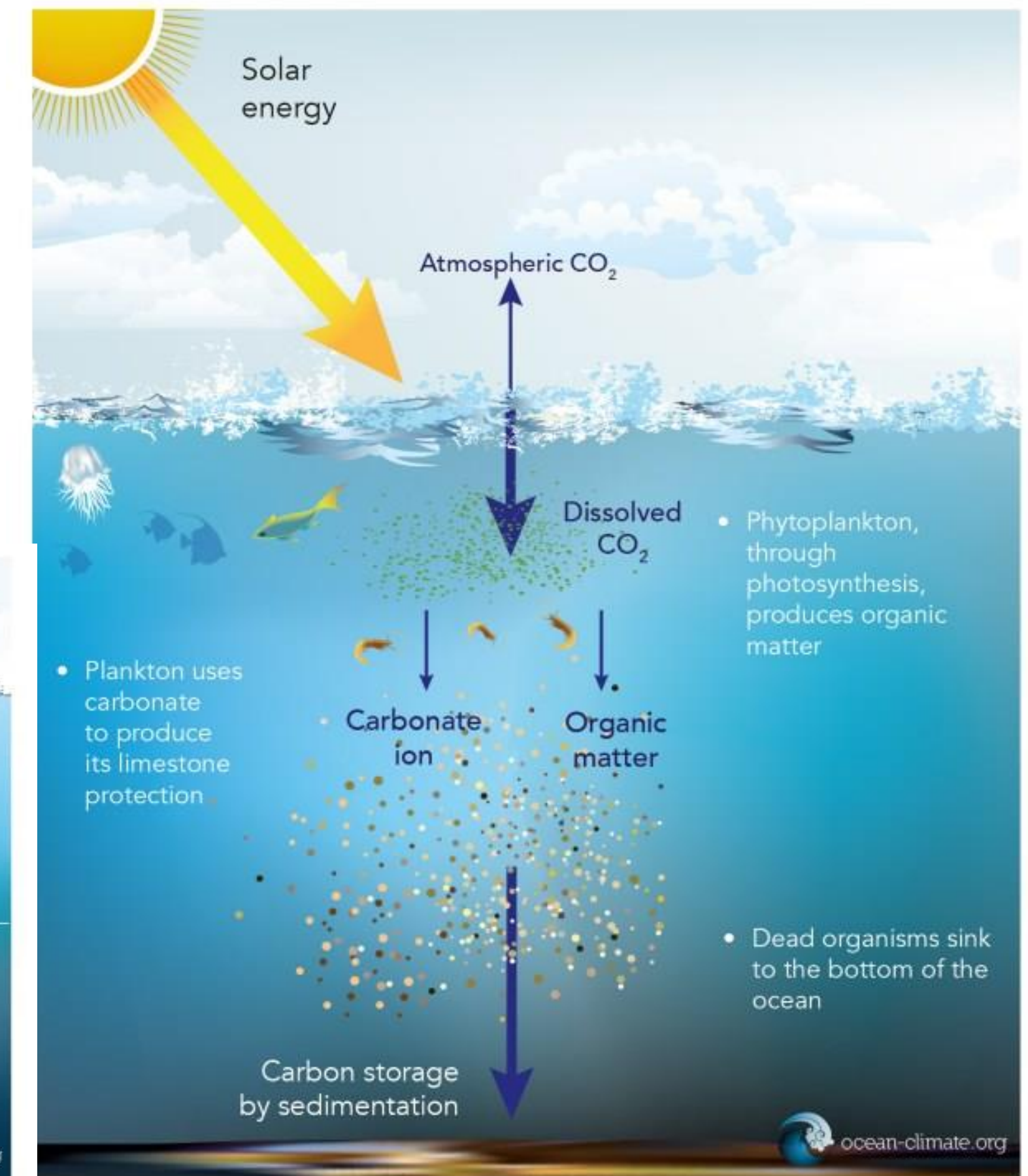
## *Ocean carbon pump*

### Key principles:

- The ability of the oceans to **dissolve carbon dioxide** reduces as global temperature increases (low temperature usually facilitates atmospheric CO<sub>2</sub> dissolution);
- Carbon dioxide levels (**acidity**) in the oceans increase with growing carbon emissions; consequently, the biological carbon pump becomes less effective due to **lack of available carbonates**.
- Rising **acidity** and increased water **temperature** have a drastic impact on marine biodiversity.
- Together these factors can result in **eutrophication** (algal boom caused by excess nutrients), which can be particularly harmful to marine life.



PHYSICAL CARBON PUMP



BIOLOGICAL CARBON PUMP

Source: The ocean, a carbon sink – Ocean & Climate Platform



## *Marine ecosystem restoration*

**Restoration** strategies should include:

- Cities and agriculture transitioning to net zero carbon practices;
- Pollution prevention and reduced nitrogen and phosphorus inputs;
- Strict and enforced bans on fishing in strategic areas;
- Controlled fishing in designated area with strict quotas;
- Establishment of Marine Protected Areas;
- Reduction and prevention of brine discharge from desalination plants into the ocean.





# Contents

ARUP

1. Introduction and context
2. International Guidance and Agreements
3. Definitions
4. Risks and existing resilience assessments
5. Designing for sustainability and resilience
6. Irfan as a city-scale example



Architect | Allies and Morrison  
Infrastructure | Arup

# IRFAN

STRATEGIC MOVES

Cost - Value - Carbon



## The Scheme

- 7.9 million m<sup>2</sup> site
- 5.7 million m<sup>2</sup> built up area
- 58,000 residential population
- 152,000 working population
- 83,000 visiting population





# The challenge

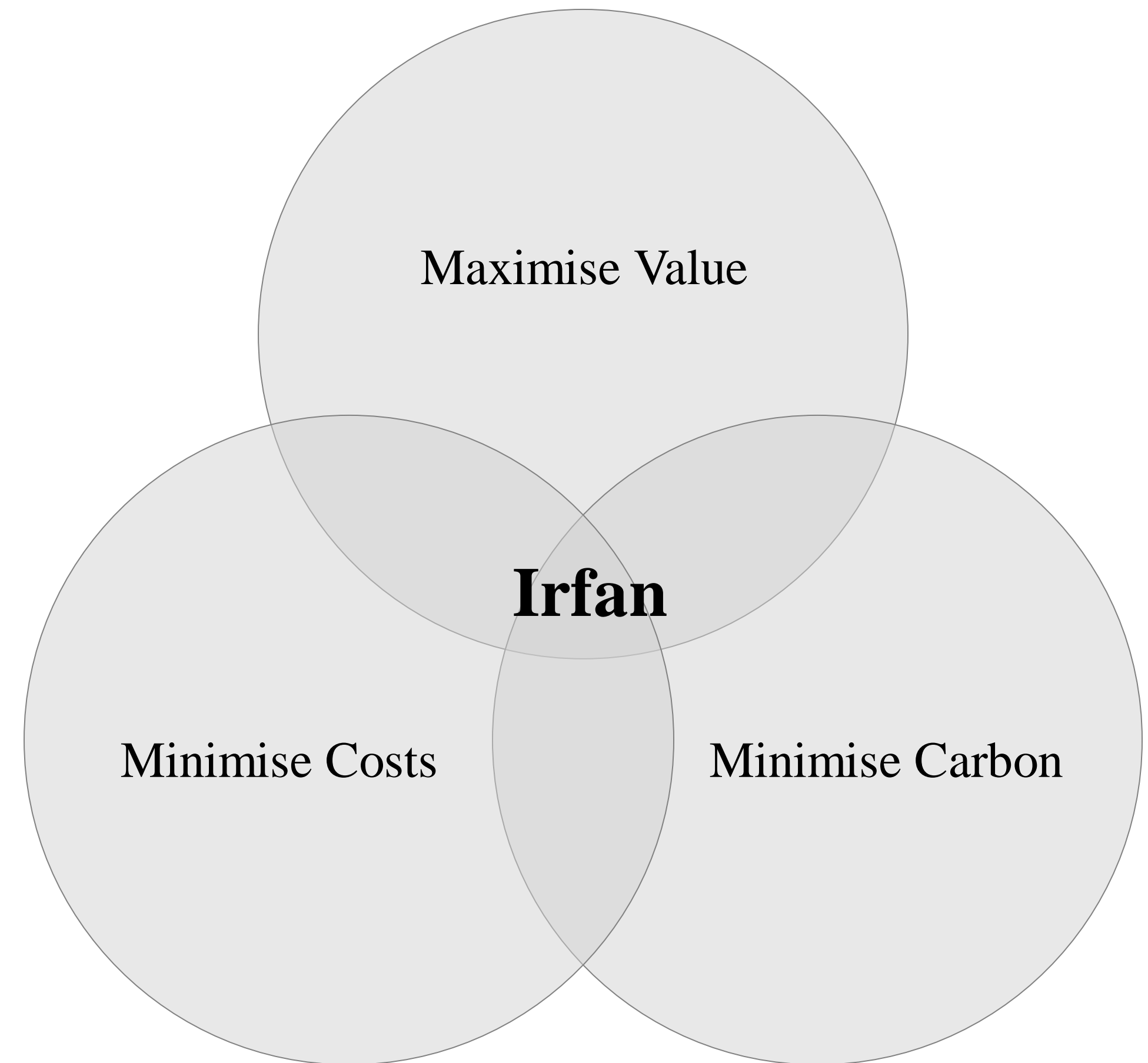
ARUP

## 1. PRODUCE A MASTERPLAN THAT BOTH MAXIMISES:

- The value of the site
- The sustainability of the development

## 2. QUANTIFY THE COSTS AND BENEFITS IN TERMS OF:

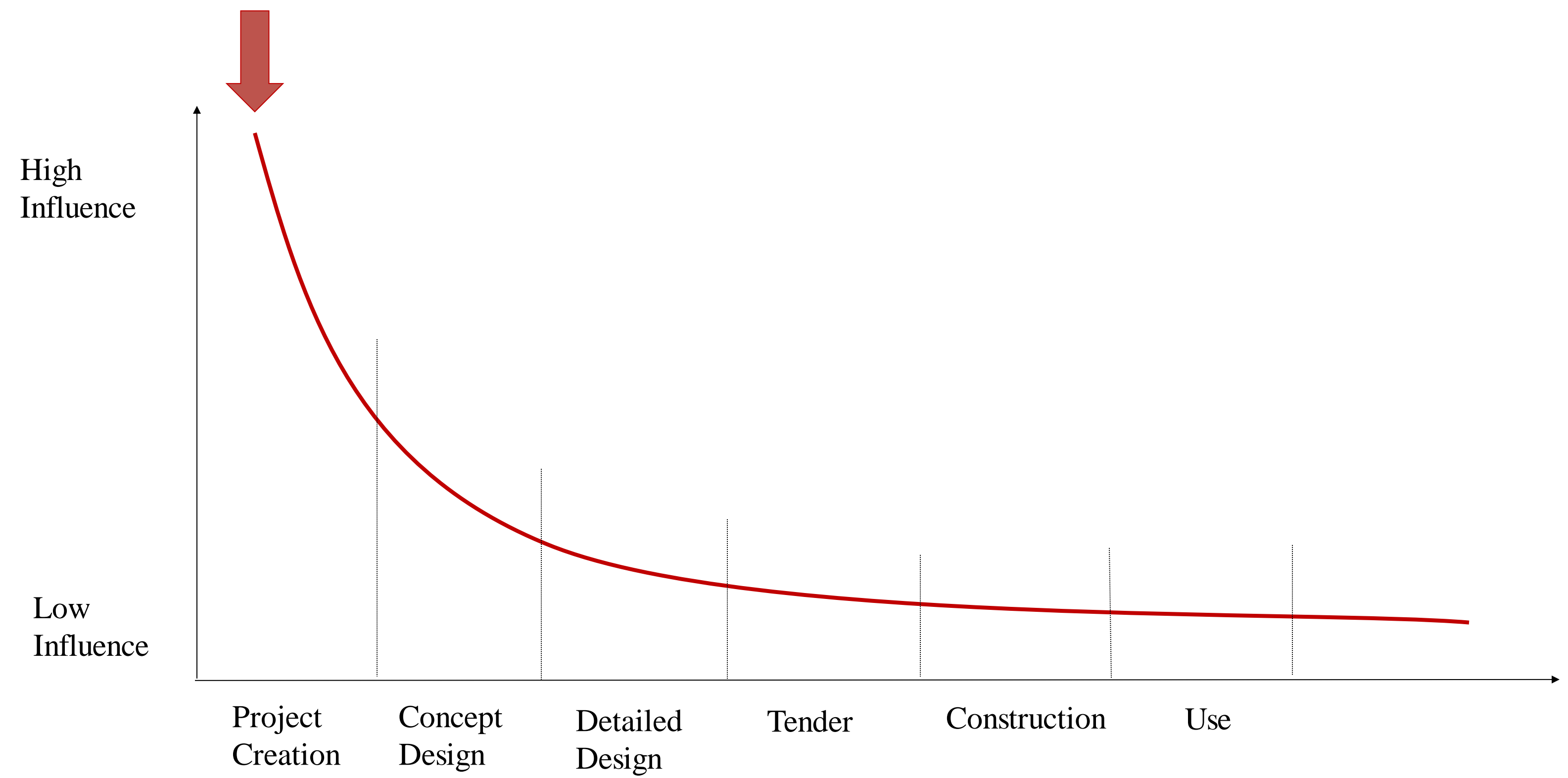
- Value
- Cost
- Carbon





**PROJECT CREATION STRATEGIC MOVES:**

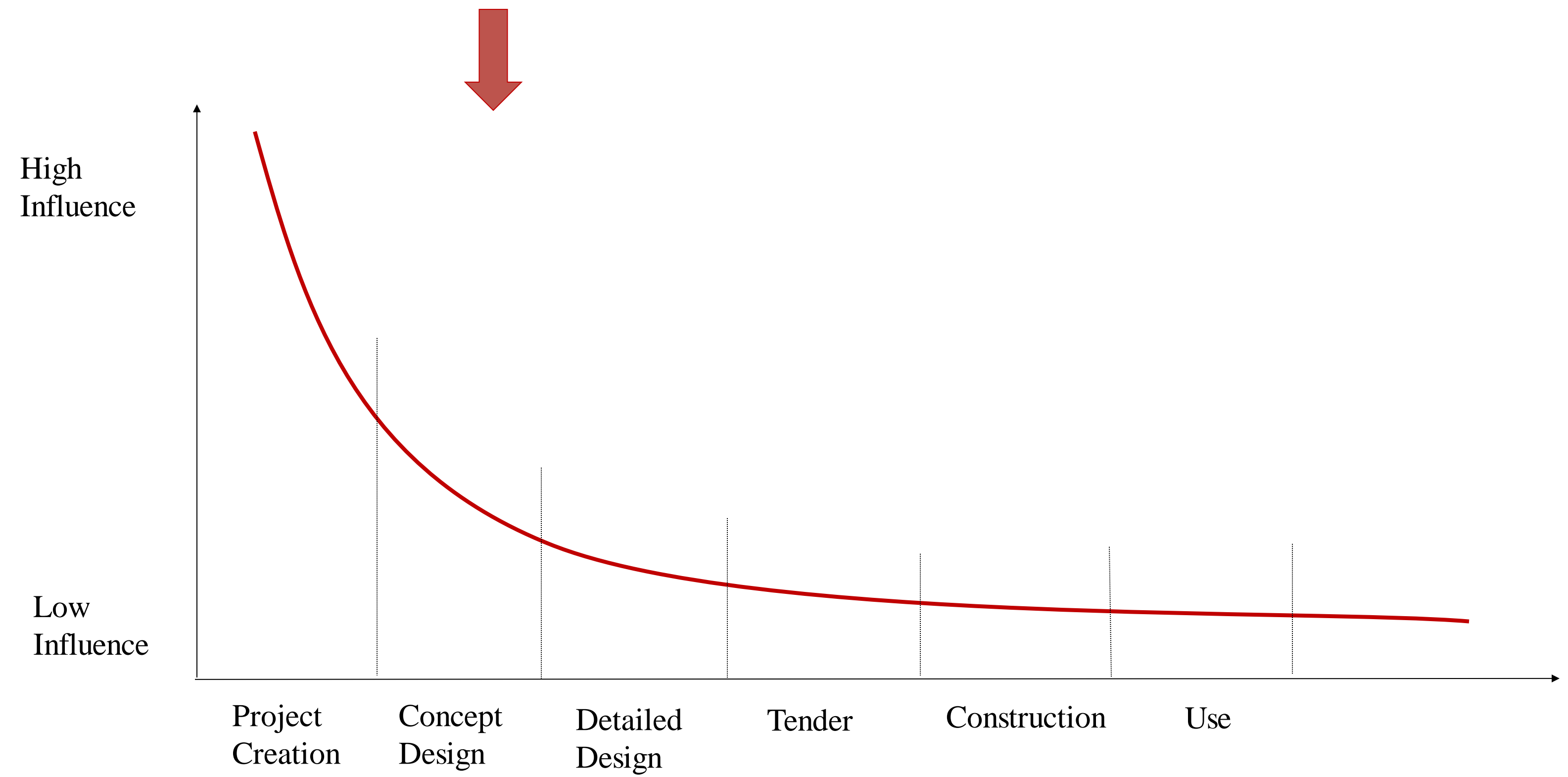
- Site Selection
- Development Use
- Density of development
- Connections to Muscat



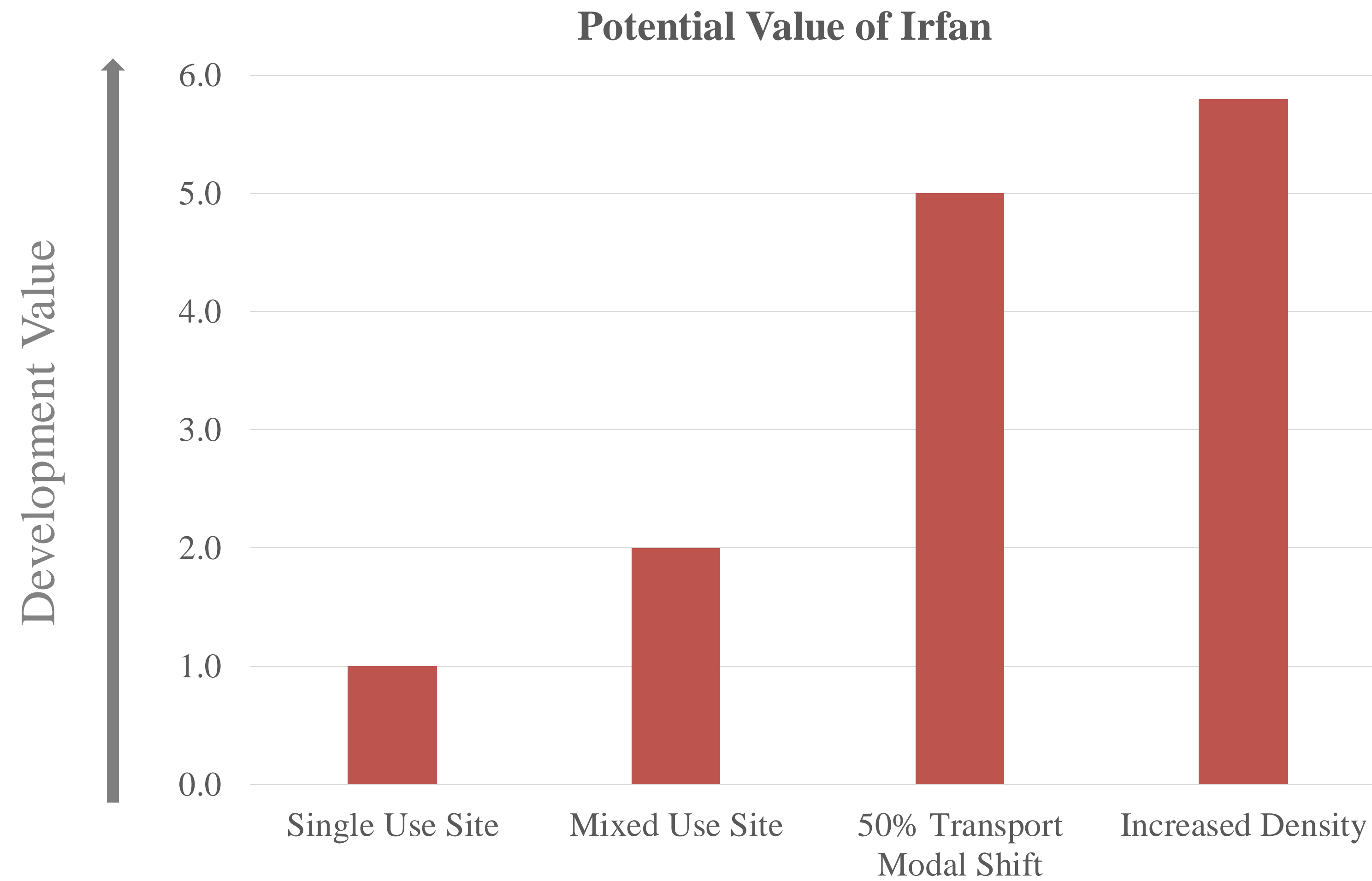


### STAGE 2 DESIGN MOVES:

- Masterplan
- Building Efficiency
- Sustainable infrastructure
- Resource Demand Reduction









Irfan

## *Infrastructure Systems*

ARUP

- Earthworks and Flood Management
- Transport
- Water Supply
- Energy | Cooling
- Digital and Smart
- Governance

Irfan





## *Earthworks and Flood Management*

Potential benefits of working with existing landform and geology include:

Irfan wadi

- Visually part of the natural environment – **sense of place**;
- Reduced cost – minimises cut and fill;
- **Inherent flood risk protection** – fluvial flood risk study indicates that the wadi can readily accept 100-year flood including climate change allowance;
- Use of **sustainable urban drainage** – limestone appropriate for infiltration drainage (testing dependant). Retaining landform and central wadi make conventional pipe system efficient if limestone not suitable for infiltration;
- **Resilience to flooding** - Slopes and natural landform to create a levels hierarchy with buildings at the highest levels, landscape at the lowest levels and all falling towards the wadi





# Irfan

## *Transport*

ARUP

### 50% MODAL SHIFT

- Walking and cycling
- LRT (Light Rail Transit)





INVESTMENT

VALUE

LRT COSTS

OMR 360,000,000

ROADS

45% less area/cost

PARKING

30% less area/cost

DEVELOPMENT CAPACITY

500% more

LAND VALUE

10-15% more due to transport

15-18% more due to open space

Other benefits/value:

Less commute  
Productivity  
Walkability  
Shading  
Air quality  
Health

Business-as-usual

Irfan: Catalyst for Change



## Water supply

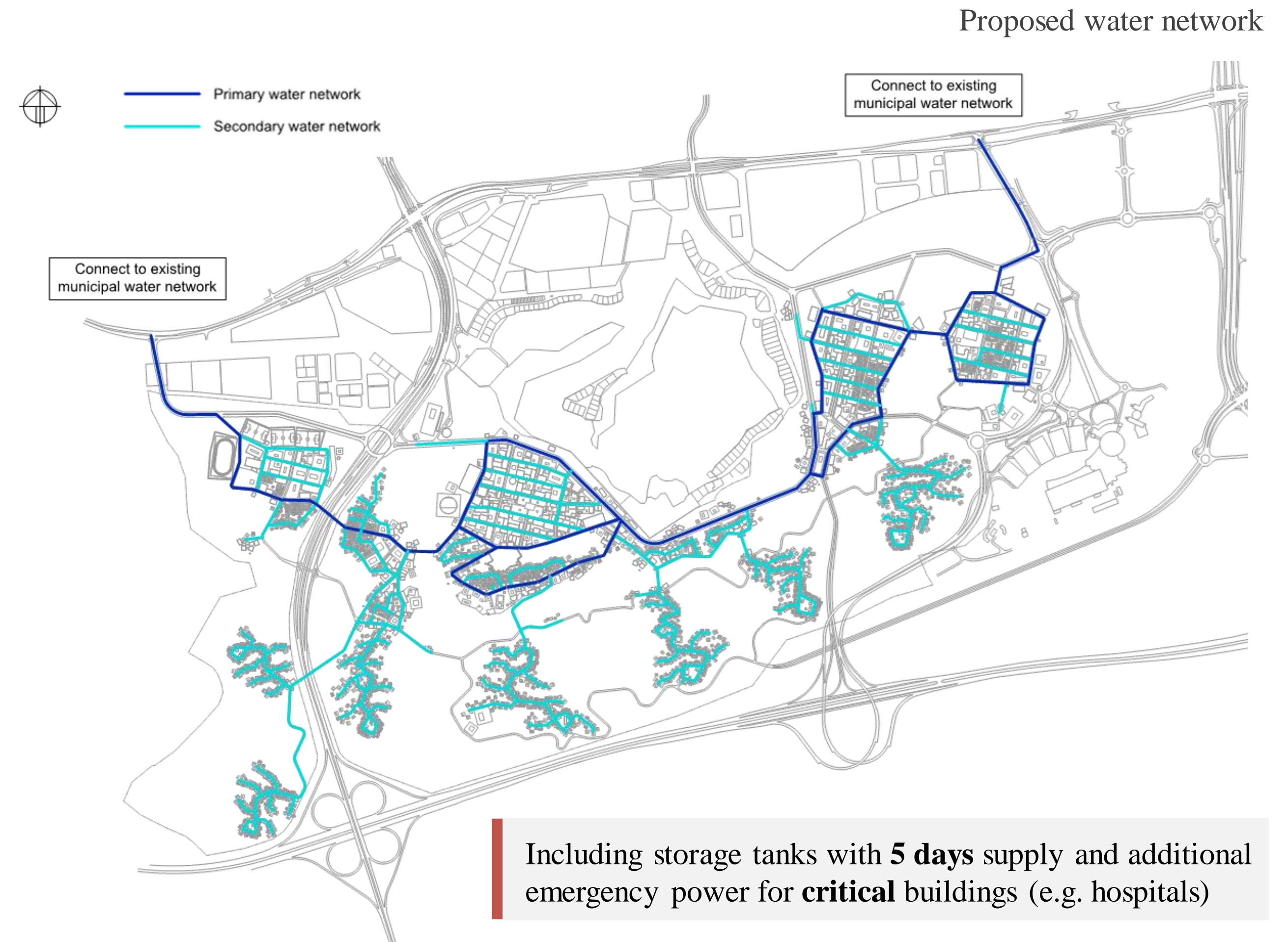
Key elements of providing resilience for the water supply systems include:

- Demand Reduction;
- Multiple supply into the City Network;
- Site supply from multiple connections to the mains;
- Ring main option for site distribution where appropriate;
- Size site ring main for potential increase in density;
- Provide critical plant such as pump stations with:

Multiple pumps - duty and standby

Emergency power supply

Full set of replacement parts





Irfan

Water supply

ARUP

INVESTMENT

VALUE

25% more

NON POTABLE

POTABLE

50% less

STORM DRAINAGE

Cost absorbed in roads, wadi, on-plot costs

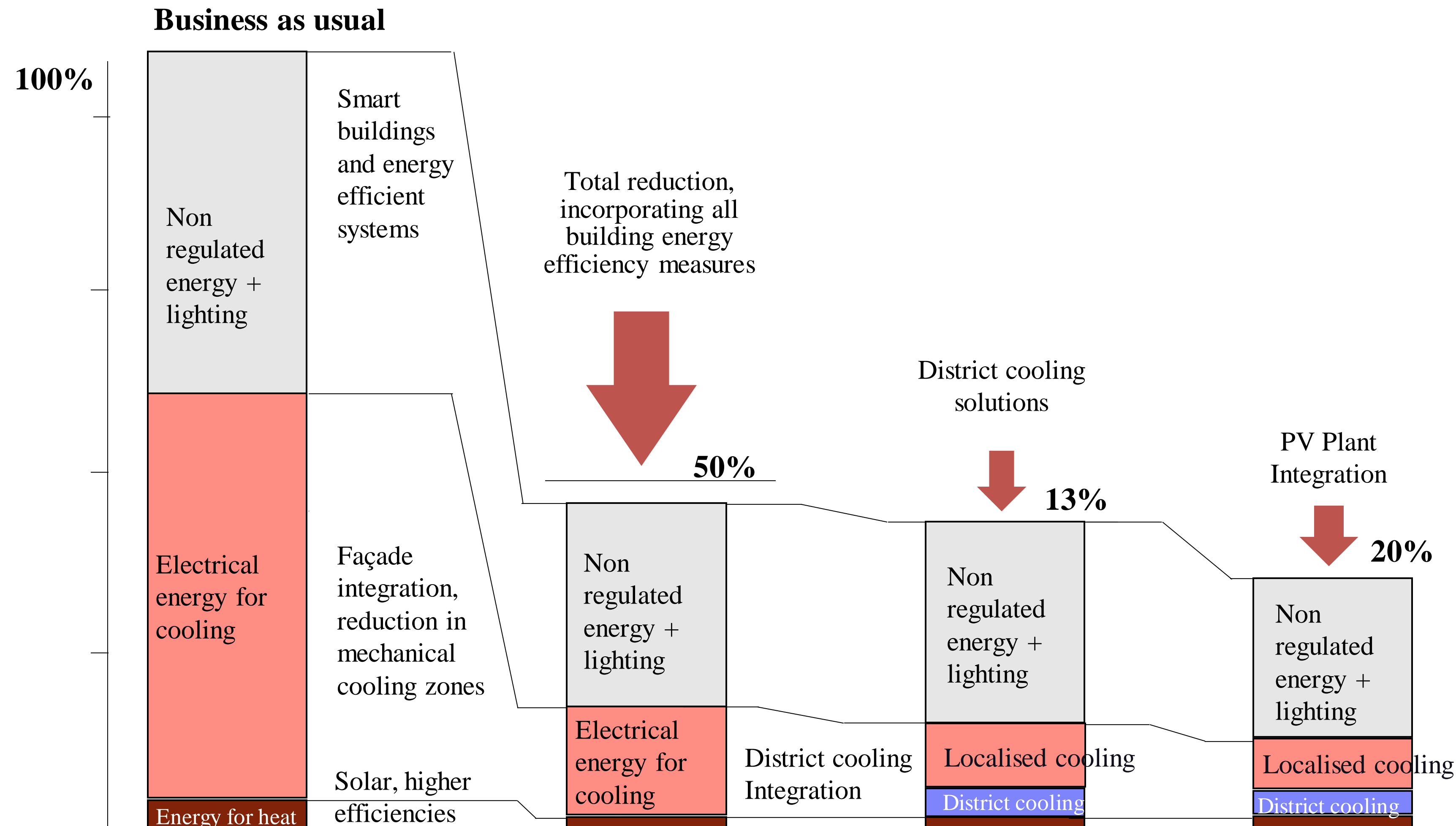
O & M / USER COST

50% less (current price)

60% less (unsubsidised price)

- Business-as-usual
- Irfan: Catalyst for Change



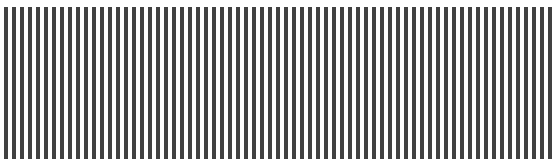




INVESTMENT

VALUE

PV Cost



O & M



20% additional savings

CARBON



20% additional reduction

In the *long-term*, it may be more efficient for Oman to develop large-scale solar and wind power to supply power through the grid.

Oman the **highest** solar irradiance in the world

Launched a pilot programme to install PV's on the first **1,000 homes**

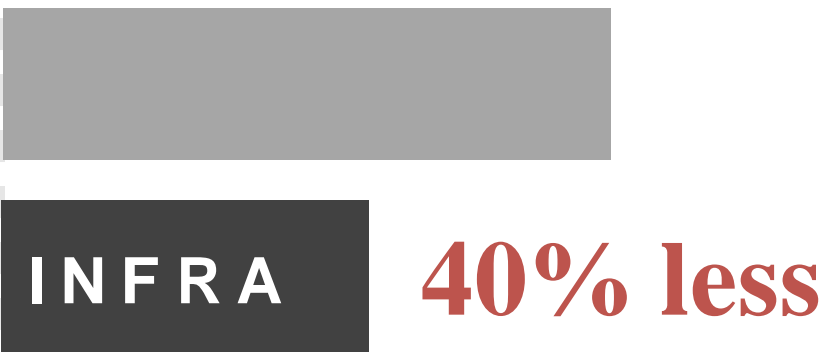
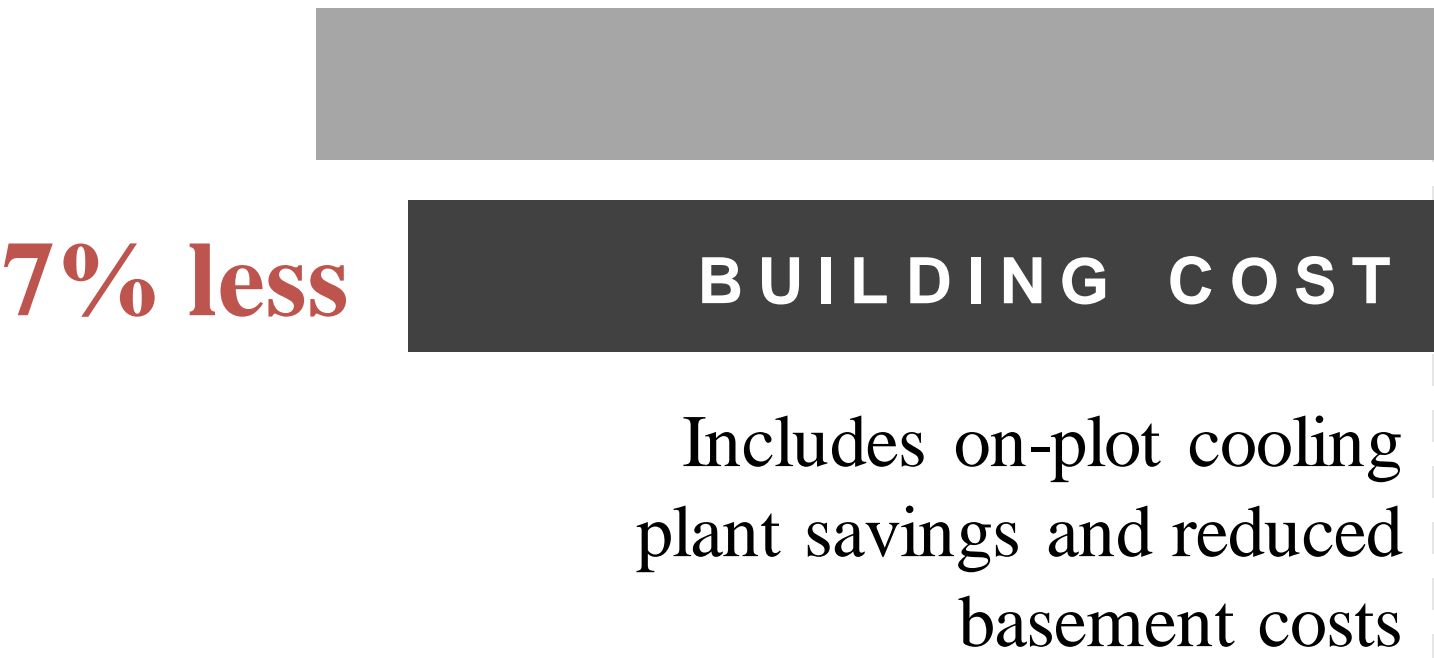
Business-as-usual

Irfan: Catalyst for Change

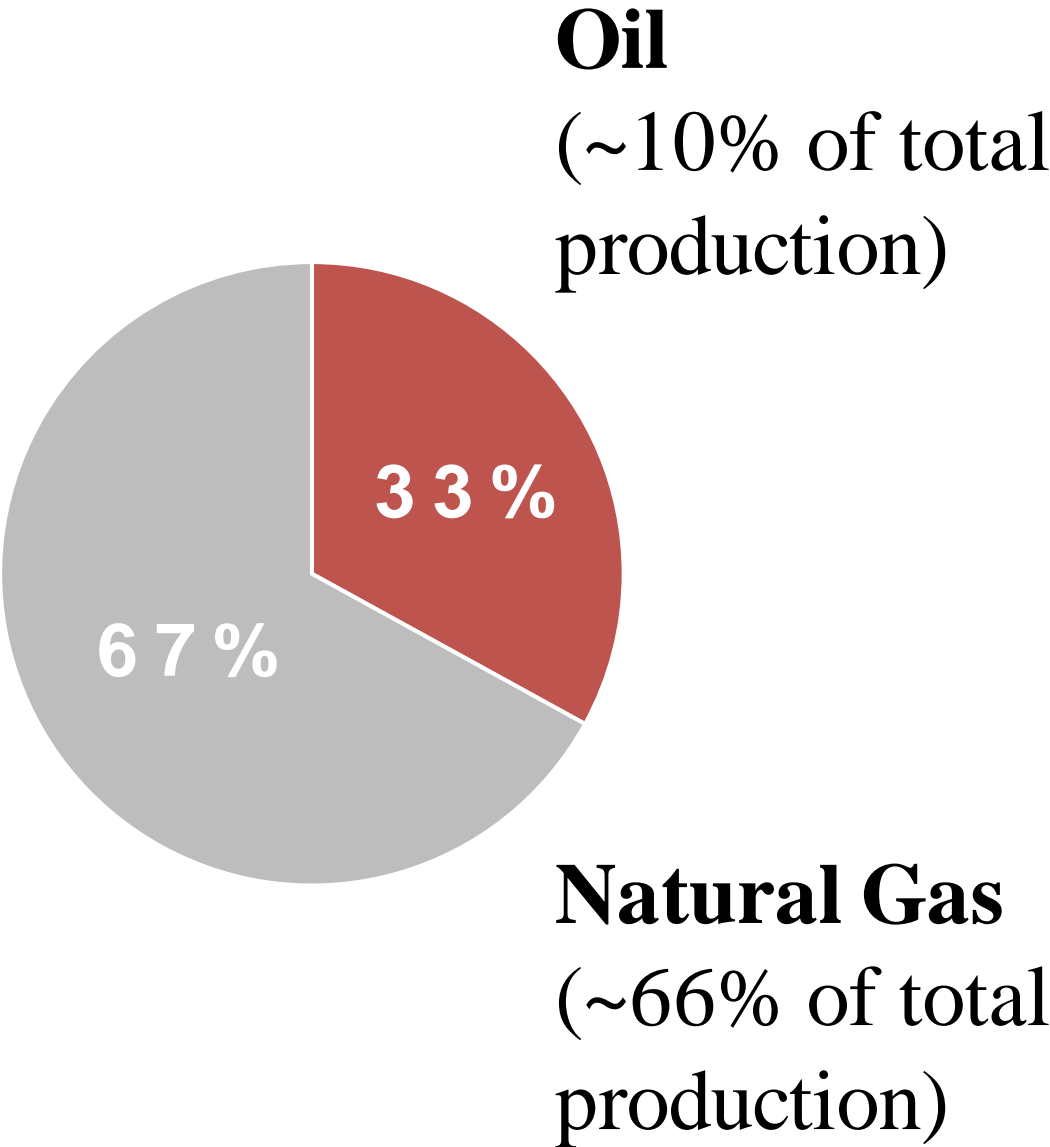
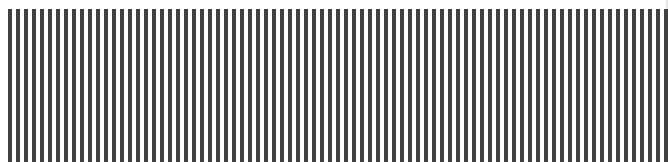


INVESTMENT

VALUE



District Cooling





All infrastructure systems will have **digital monitoring** and **data collection**. This data will be used to inform:

- Smart demand management systems to reduce overall demand and peak demands;
- **Predictive maintenance**: Unusual behaviour in the system such as leaks, and the location to aid focus maintenance and repair.





# Irfan

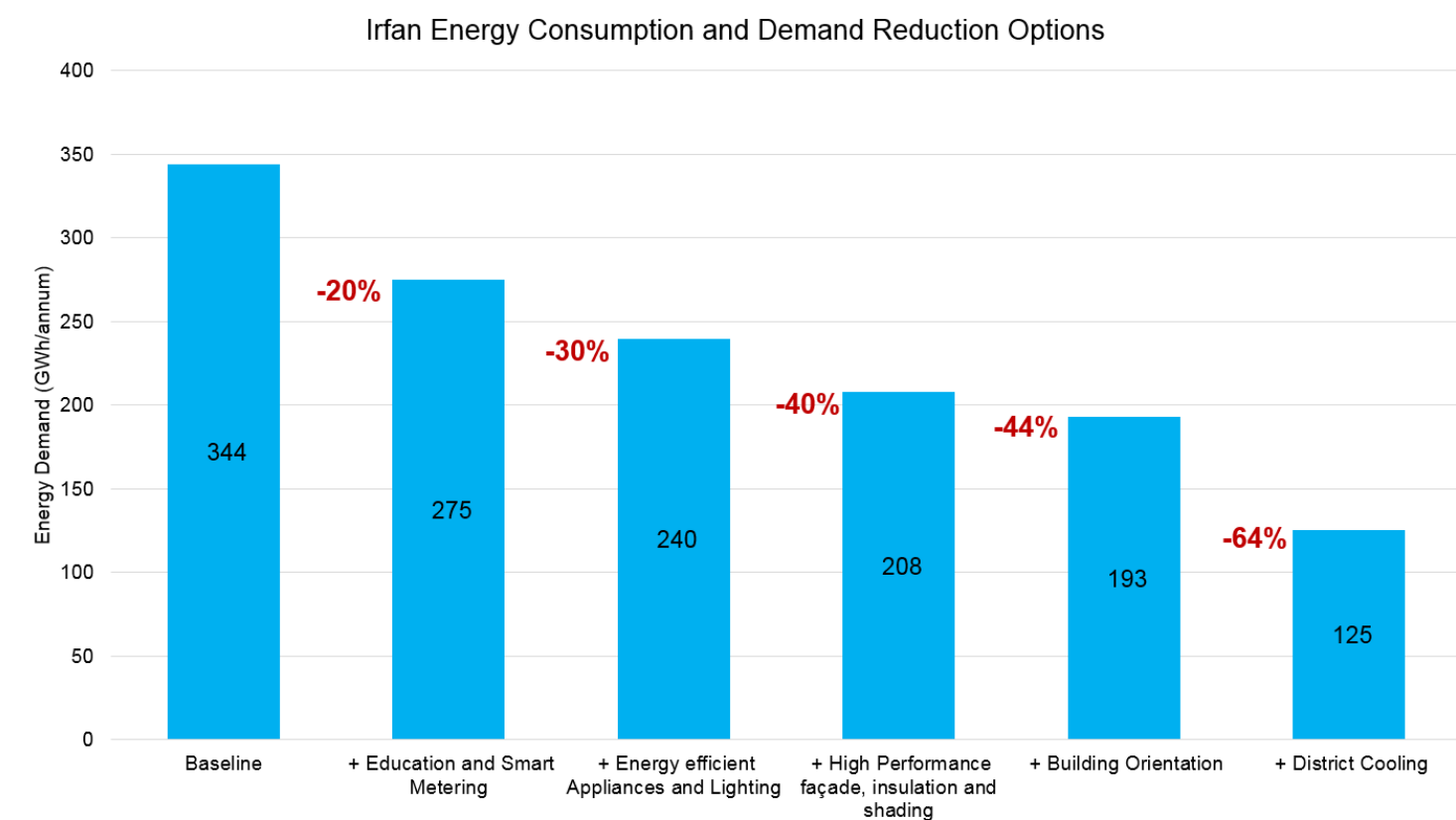
## General Strategies



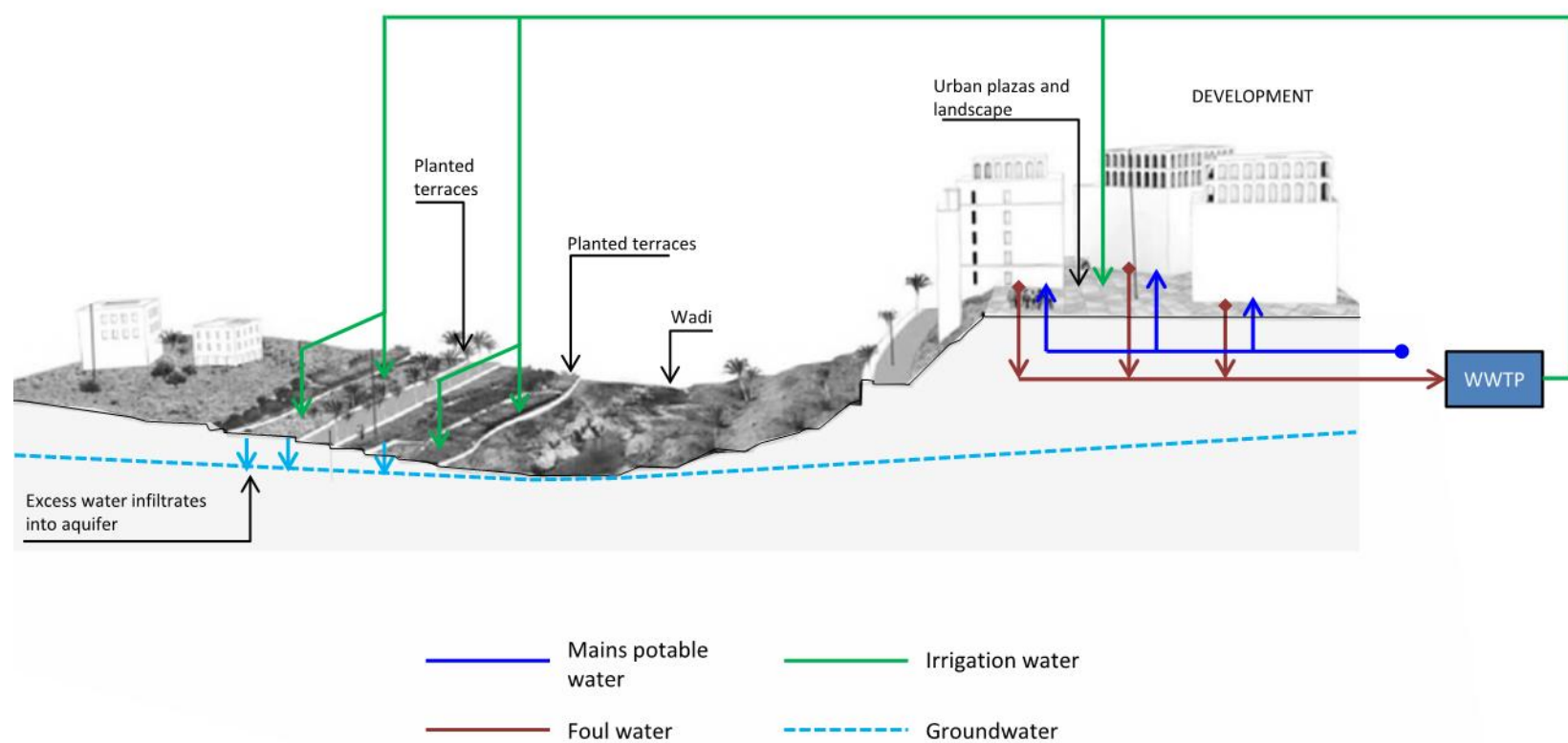
### DENSE DEVELOPMENT



### DEMAND REDUCTION



### RECYCLING AND REUSE



### EFFICIENT GENERATION





Critical to the success of the project, governance framework would include responsibility for:

- Maintaining the **project vision**;
- Reviewing the project density and mix of uses;
- Maintain the quality of design;
- Operation and maintenance of the main landscape and infrastructure systems;
- It is proposed that the **O&M** team would utilise the enhanced infrastructure resilience; model which would have the following characteristics:

**Reduced Risk of Failure** – through planning, design and smart O&M;

**Rapid Recovery** - in the event of failure through contingency planning;

**Transforming Performance** - through reflection, learning and understanding of interdependencies with other systems.





INVESTMENT

VALUE

ARUP



15-18% more

25 km of Wadi frontage plots

58% of plot area in Irfan has a direct Wadi or park aspect

Direct views over green space can result in 25%-30% uplift in value

- Business-as-usual
- Irfan: Catalyst for Change



The Integrated Approach

	Masterplan / Buildings	Landscape	Microclimate	Transport	Energy	District Cooling	Water	Surface Drainage	Foul Drainage	Solid Waste	Operations	Governance	Policy
	DESIGN			TRANSPORT	INFRASTRUCTURE						GOVERNANCE		
50% journeys on public transport													
50% less energy demand													
20% energy from on-site renewables													
50% less potable water demand													
100% irrigation with non-potable water													
80% storm water managed through SuDS													
100% wastewater network connectivity													
95% waste diverted from landfill													
95% wadis conserved as open space													
80% use of native or adaptive plants													

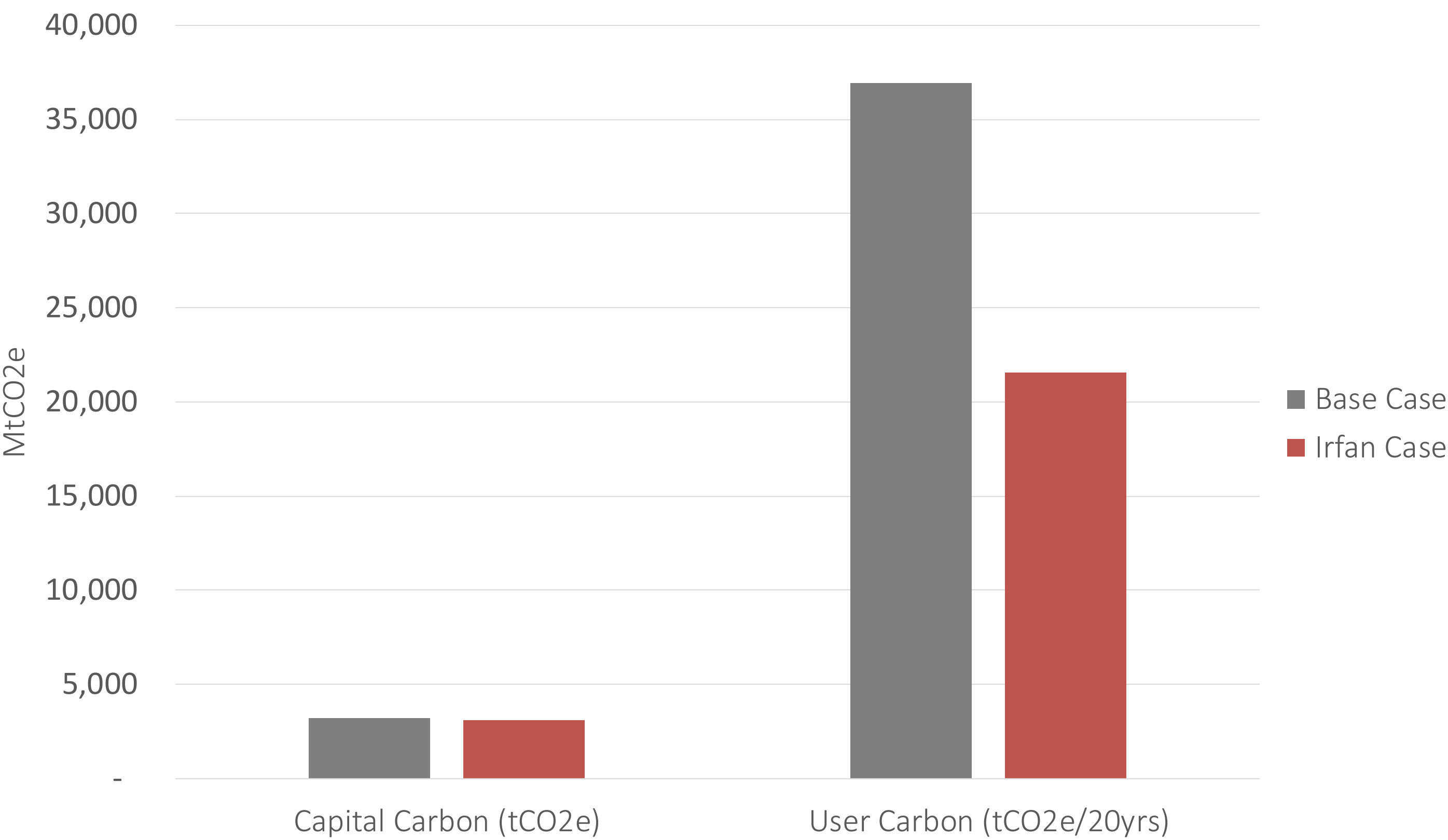


Carbon Overview

FULL BUILD OUT MASTERPLAN  
OVER 20 YEAR TIMEFRAME

For the base case, over a 20 year timeframe  
User Carbon is **12** times greater than Capital  
Carbon.

Over a 20 year timeframe the total carbon  
emissions associated with the Irfan Case are  
40% fewer than the Base Case.





# SUMMARY

ARUP

1. Context of why resilience is important;
2. International guidance and latest thinking;
3. Definitions of resilience and sustainability; and
4. Design Guidance and an example project (Irfan).

# KEY LESSONS

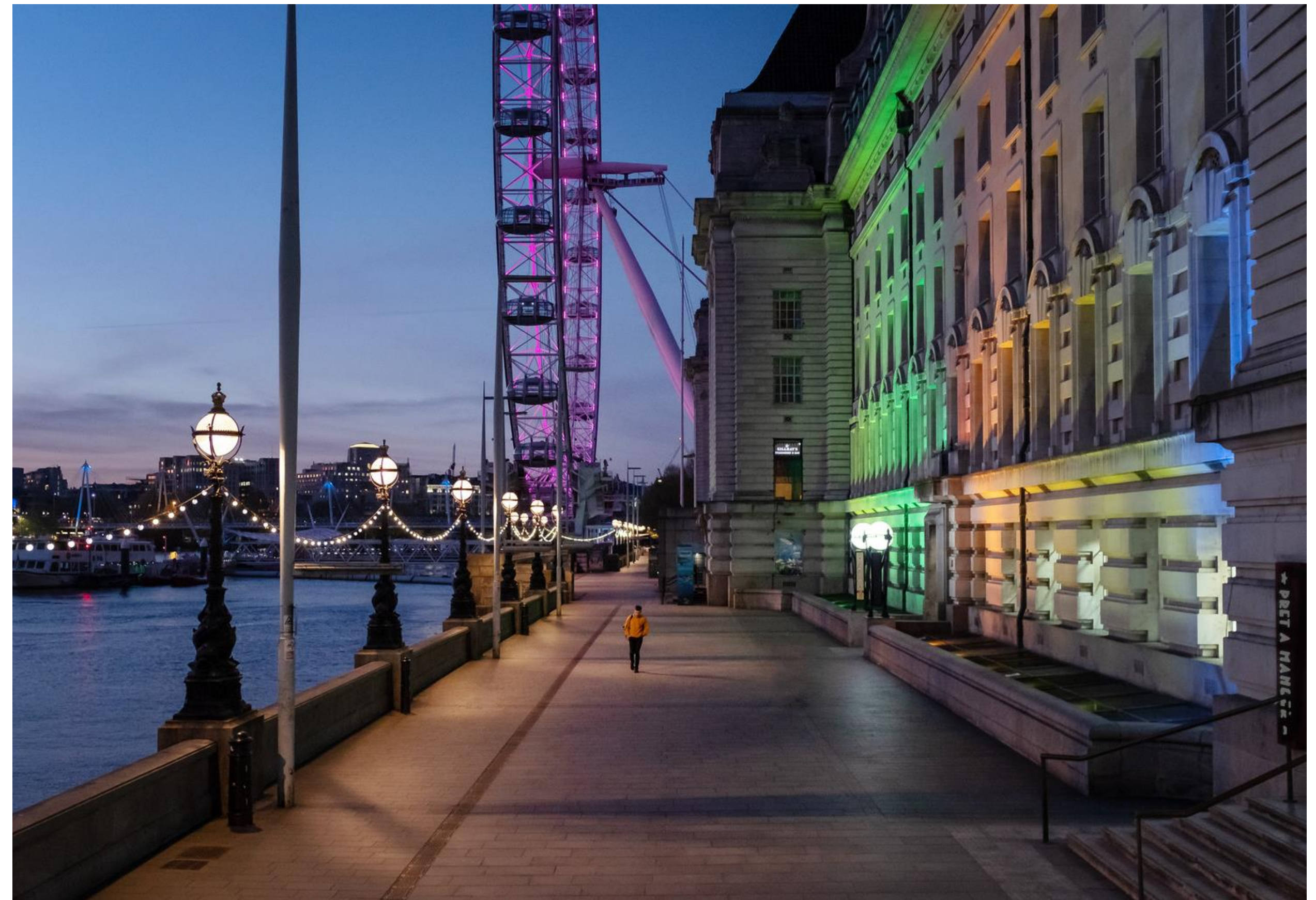
1. Resilience and Sustainability can be achieved through good design;
2. A systems approach provides a good methodology particularly if :
  - It includes an integrated design approach;
  - It takes account of policy, governance and operations; and
  - We actively look for synergies between systems.
3. Pathways to resilience (Prevention, Recovery and Transformation) apply to Pandemics; and
4. Resilience and Sustainability can be achieved economically.



# Pandemics and Infrastructure Resilience

## *Context*

- Pandemics alongside climate change have been recognised for several years as the **biggest threat to human existence**
- Important observations relating to resilience based on early stages of Covid-19:
  - Age Distribution;
  - Inherent health of the population;
  - Population density;
  - Equity and access to opportunities;
  - Climate;
  - Health Care System;
  - Country's (geographical) Isolation;
  - Leadership; and
  - Level of preparedness and anticipation.



London Eye area during Covid-19 lockdown, London – UK (April 2020)



# Pandemics and Infrastructure Resilience

## *Systems Approach*

ARUP

# HOW

SHOULD WE DESIGN INFRASTRUCTURE SYSTEMS TO ALLOW US TO **OPERATE** IN A PANDEMIC EVENT?

# HOW

SHOULD WE DESIGN CITIES TO **REDUCE** THE RISK OF AN EVENT OCCURING?



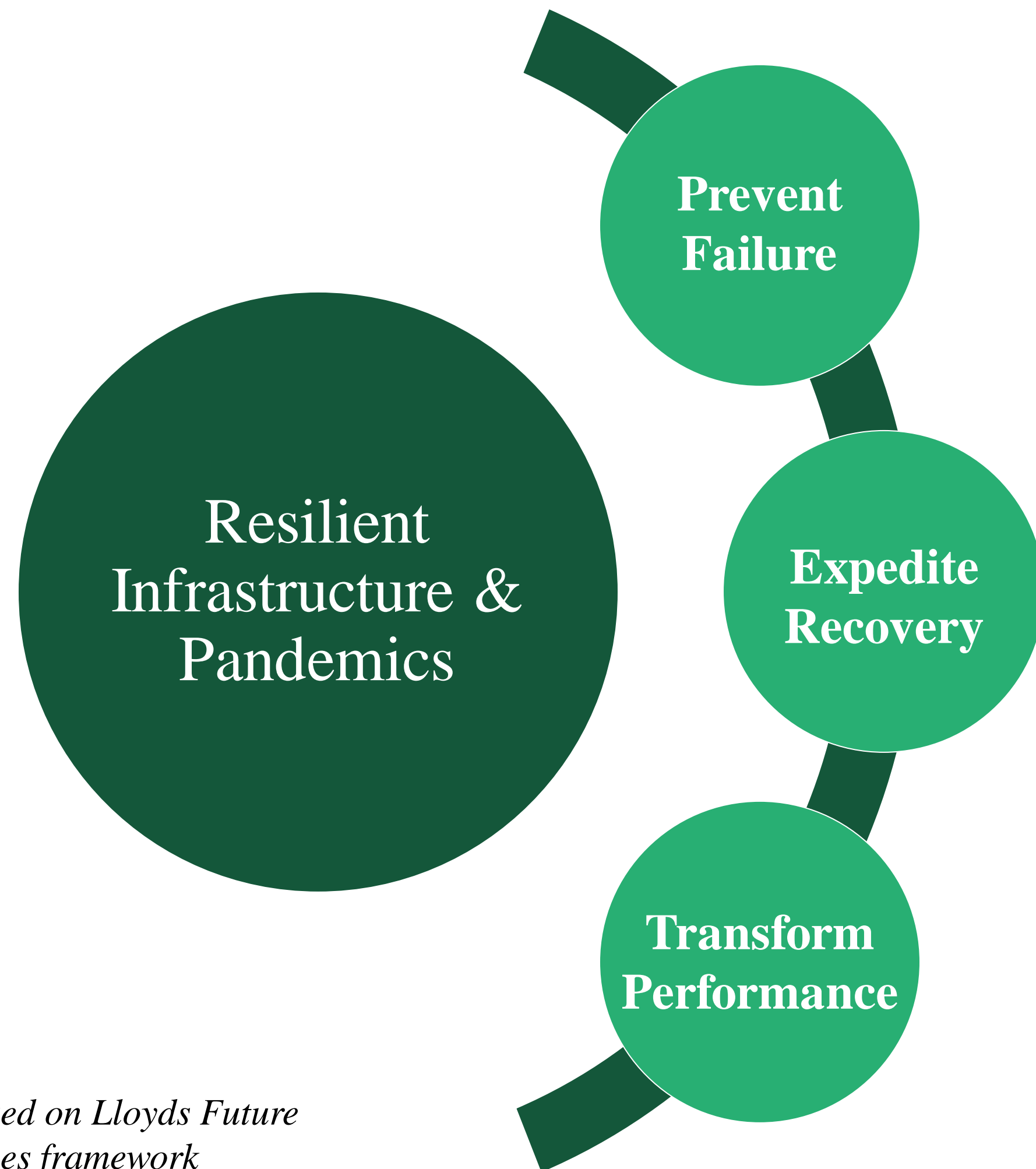
Mobile data to re-trace steps of infected citizens, South Korea (March, 2020)



# Pandemics and Infrastructure Resilience

ARUP

## *Systems Approach Framework*



*Based on Lloyds Future  
Cities framework*

### WITHSTAND AND MITIGATE IMPACTS

- Public transport: still running, but financial model failed
- Active travel: temporary cycling facilities
- ICT and communications: change working patterns and support companies to keep business going
- Redundancy and alternatives

### FUNCTIONAL ASAP

- Systems continue to operate: clean water, sanitation, reliable energy, transport operation, communications
- Digital solutions to support test, trace and isolate system
- Schemes to support cycling to work

### THE 'NEW NORMAL'

- Public transport: monitor capacity to reduce overcrowding and provide real-time information of network
- Reconsider space allocation on streets for active travel
- Food system: nutritious foods to improve individual's health
- Materials with natural disinfectant properties (e.g. copper door handles)



ARUP

THANK YOU!

CO-AUTHORS

CLAIRE HICKEY  
LUIS STRENGARI

PICTURE: SIR OVE ARUP, ARUP FOUNDER



# Commonwealth Association of Architects

## Engaging with the UN 2030 Sustainable Development Goals

We hope you found this lecture of interest and that you will be interested in the other lectures in this series:

1. **Introduction to the UN 2030 Sustainable Development Goals**
2. **Planning for Rapid Urbanisation**
3. **Planned City Extensions**
4. **Resilient Infrastructure**
5. **Climate Responsive Design**
6. **Heritage-led Regeneration**
7. **Sustainable Outcomes Guide**

The Commonwealth Association of Architects would like to extend its thanks to all the contributors for their support in the creation of this pilot programme. The CAA welcomes feedback together with suggestions for future topics and would be pleased to hear from subject matter experts from around the Commonwealth who may be interested in contributing future material.

For this or any other issue, please contact: [admin@comarchitect.org](mailto:admin@comarchitect.org)



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